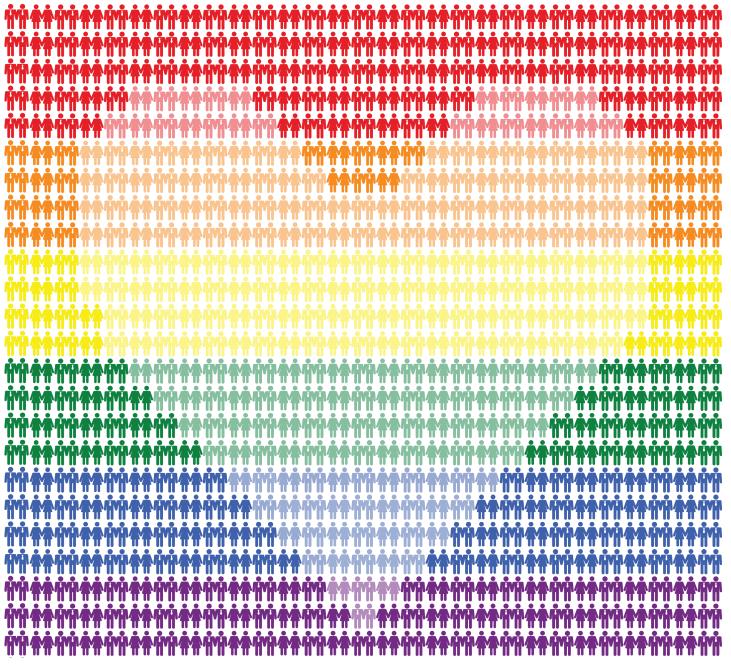
# LGBT ELDERS RESOURCE GUIDE



ETHOS 555 Amory Street Jamaica Plain, MA 02130 T: 617.522.6700

F: 617.524.2899 www.ethocare.org



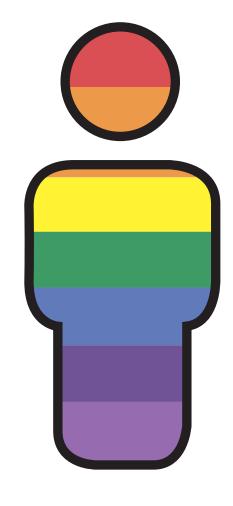
# ETHOS' LGBT RESOURCE **GUIDE**

Ethos has long been a leader in taking on the challenges facing elders and finding solutions to the vexing knot of problems that—often prematurely—push the isolated and homebound into nursing homes.

Lesbian, gay, bisexual and transgender (LGBT) elders are among our most vulnerable older adults. They are much less likely to have the traditional supports that other non-LGBT seniors depend on as they age like spouses, children, and other relatives. LGBT elders need support from the aging services network to age well in their own communities and among their own peers.

According to a recent survey of elders at community cafes throughout the Greater Boston area, lesbian, gay, and bisexual seniors reported feeling more isolated and alone than their heterosexual peers. In fact, more than 53% of LGB seniors reported feeling they lacked support compared to only 32% of heterosexuals. The same study found that more than twice as many LGB seniors feel "left out" and marginalized than their heterosexual peers.

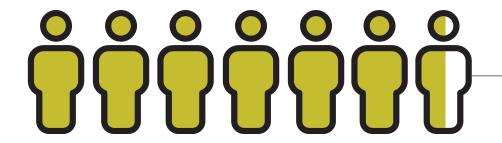
Ethos is proud to be the sponsor of Out4Supper, Café Emmanuel, Out2Brunch, Cafe Pride – safe, affirming environments for LGBT seniors to make friends, strengthen their support circles and rebuild resiliency.



# 3 MILLION

LGBT adults over 55 years old in the United States, and that number will double in 20 years.<sup>1</sup>

# THE CHALLENGES:



65,000

LGBT older adults are living in the Commonwealth.1



LGBT older adults live alone<sup>3</sup>



of gay and bisexual men were reported being single, widowed or divorced<sup>6</sup>



21%

Non-LGBT older adults fear going outside alone<sup>2</sup>

32%

LGBT older adults fear going out alone<sup>2</sup>



of LGBT older adults reported feeling very or extremely concerned about their financial futures<sup>3</sup>



of LGBT older adults feel left out and isolated from others<sup>3</sup>



**27%** 

Non-LGBT older adults say their support networks have become smaller over time<sup>3</sup>

40%

LGBT older adults say their support networks have become smaller over time<sup>3</sup>

Special Comission on Aging, 2015

Out and Visible, SAGE Report, 2014

Aging and Health Report, 2011

Pew Research Center, 2014

M'LANA Coalition Report, 2012

US Census, 2010

University of California at San Francisco, 2014

# THE SOLUTION:



**SENIOR** HOUSING



**TRANSPORTATION** 



**SOCIAL EVENTS** 



**SUPPORT GROUPS** 



**LEGAL SERVICES** 

Participants identified these five services and programs as being the most needed for LGBT older adults.1

# **LGBT PROGRAMS** AT ETHOS

# **COMMUNITY CAFÉS**

Community Café programs are an important tool for combating social isolation for people of all sexual orientations. These cafe sites provide older LGBT adults a safe, welcoming and affirming environment where they feel welcome, can be who they are and connect with the community<sup>1</sup>

# CAFÉ EMMANUEL

Cafe Emmanuel is a weekly luncheon for Lesbian, Gay, Bisexual, and Transgender seniors and friends.

WHEN: Every Thursday from 11:00 a.m. to 1:00 p.m.

WHERE: 15 Newbury Street, Boston, MA 02116

RSVP: cafeemmanuel@ethocare.org or 617-477-6606

SUGGESTED DONATION: Seniors \$2.00 (\$5.00 adults under 60)

# **CAFÉ PRIDE**

Many LGBT elders of color enter retirement age without the supports necessary for healthy aging. Café Pride is a safe and welcoming environment for LGBT elders of color to connect with each other and celebrate the diversity in New England's LGBT community.

WHEN: Second Wednesday of the month, from 5:00 p.m. to 7:00 p.m.

WHERE: Whittier Street Health Center, 1290 Tremont St., Conference Room 2nd Fl., Boston, MA 02120

RSVP: meals@ethocare.org or 617-477-6606

SUGGESTED DONATION: \$5.00





# **OUT2BRUNCH BROOKLINE**

Out2Brunch Brookline is held on the third Saturday of the month at Goddard House in Brookline. It is fully handicap accessible and features plenty of free parking.

WHEN: Third Saturday of every month, from 11:00 a.m. to 1:00 p.m. WHERE: Goddard House, 165 Chestnut Street, Brookline, MA 02445

RSVP: meals@ethocare.org or 617-522-6700 x306

SUGGESTED DONATION: Seniors \$2.00 (\$5.00 adults under 60)

## **OUT2BRUNCH ROSLINDALE**

Out2Brunch is a monthly brunch and social for older lesbian, bisexual, and transgender women. Each Out2Brunch meal is followed by entertainment, presentation, or discussion.

WHEN: First Saturday of every month from 11:00 a.m. to 1:00 p.m. WHERE: Roslindale House, 120 Poplar Street, Roslindale, MA 02132

RSVP: outtobrunch@gmail.com or 617-522-6700 x306.

SUGGESTED DONATION: Seniors \$2.00 (\$5.00 adults under 60)

# **OUT4SUPPER**

Out4Supper is the first "Supper Club" in Boston for LGBT elders and their friends. A varied program of entertainment, speakers, and discussion groups accompany the meal making each event a memorable experience.

WHEN: First Tuesday of every month, from 6:00 p.m. to 8:00 p.m.

WHERE: Mount Pleasant Home, 301 South Huntington Ave., Jamaica Plain, MA 02130

RSVP: meals@ethocare.org or 617-522-6700 x306

SUGGESTED DONATION: Seniors \$5.00



# SPECIAL EVENTS

# SENIOR PRIDE LUNCHEON

Held during Pride Month (June), this annual event draws nearly 300 LGBT elders from throughout Eastern Massachusetts to celebrate aging in the LGBT community. Visit www.ethocare.org/pride for more information.



# AGEWELL EQUALITY

AgeWell Equality (AWE) is a systems change initiative designed to promote the LGBT friendliness of aging services through improved access and utilization. Despite deliberate and well-meaning efforts to engage LGBT seniors in the current aging system network, they remain fearful of accessing mainstream programming due to a lifetime of discrimination. This pattern will continue unless significant changes are made to remove the obstacles that limit their participation.

AWE manages this change effort by implementing health and wellness programs and services specifically tailored and targeted to vulnerable LGBT seniors. AWE provides evidence-based healthy aging programs to encourage health and wellness, social engagement opportunities to combat isolation, and Conversations on Aging, regular forums that addresses relevant aging issues. Participation in AWE activities lead to improved health, independence and quality of life for the area's vulnerable LGBT seniors.

The goal of AWE is to stimulate LGBT-friendly systems change within aging and related services by simultaneously

- Improving the uncoordinated and insufficient institutional systems by which aging services and other providers reach and engage LGBT elders, and
- Identifying and actively engaging LGBT seniors who are currently avoiding aging services, by scaling up culturally competent programs.

This coordinated two-pronged approach requires the active engagement of LGBTs. History has shown this cannot be purely "top down" or institutional in its approach. The goals of AWE align the recommendations from the MA Special Commission on LGBT Aging: train providers on LGBT competency; expand availability of LGBT friendly services; create regional models for reaching LGBT elders; make senior housing LGBT friendly; create an LGBT friendly rating index. For more information, contact Jake DeMasi at 617.477.6617, email jdemasi@ethocare.org.

# **ETHOS EQUALITY FUND**

The Ethos Equality Fund (EEF) was launched in February 2012 and is the Boston area's first fund solely dedicated to supporting aging lesbians, gay men, bisexuals, and transgenders (LGBTs) and their support circles.







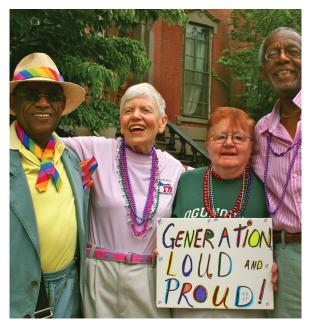
### **LGBT AGING COMMISSION**

Ethos' CEO Dale Mitchell is an active representative on the commission.

# **MENTAL HEALTH PROGRAMS**

# **HEALTHY IDEAS**

Healthy IDEAS (Identifying Depression, Empowering Activities for Seniors) is an evidence-based program that was designed as a practical intervention to detect depression and reduce the severity of depressive symptoms in at-risk older adults. Each Ethos staff member is trained.





# **OTHER PROGRAMS**

### LGBT FRIENDLY VOLUNTEER COMPANION PROGRAM

This program helps seniors find companionship, relieve loneliness, and share common interests with an LGBT Friendly Volunteer Companion who will visit the senior in their home for one hour each week, for a minimum of six months. Friendly visitors can escort the senior to their medical appointments, read mail, books or newspapers with the senior, prepare a light meal or snack for the senior, play cards or other games with the senior, accompany the senior on a walk or to a social activity, and many other things.

# LONG-TERM CARE OMBUDSMAN

This ombudsman program is federally funded and protects the rights of all people in assisted living facilities. Specially trained volunteers and staff visit each facility and rest home in the City of Boston on a regular basis, and meet with residents and their families. Ombudsmen work with residents on quality of life issues such as timely responses by nursing facility staff to requests for assistance and facility cleanliness and meals. Ombudsmen also fight discrimination in nursing homes by supporting vulnerable populations.

# LGBT RESOURCES IN MASSACHUSETTS

# FEATURED PROGRAMS

# **BOSTON ELDERINFO**

PHONE: 617-292-6211 EMAIL: bei@bshcinfo.org

ADDRESS: 89 South Street, Suite 501, Boston, MA 02111

WEBSITE: www.elderinfo.org

ABOUT: Sponsored by Boston's Elder Care Alliance, Boston ElderINFO is the gateway to access affordable, high-quality resources. Elder Care Alliance's mission is to improve the lives of elders by obtaining new sources of funding to enhance each agency's existing services and by creating new, innovative citywide programs to address elders' unmet needs. Boston Senior Home Care (BSHC), a local state funded Aging Service Access Point, received a grant from The Boston Foundation's Equality Fund to implement enhancements and upgrades to the Boston ElderINFO website to make it more accessible to LGBT older adults, their caregivers, friends, allies, and family. This project aligns with the vision of the Equality Fund by advancing effective Information and Referral services to ensure culturally competent, person-centered services and support to LGBT elders. Working collaboratively with Ethos and others to develop and implement a comprehensive awareness and outreach campaign to educate the community about the redesigned website so LGBTQ older adults and their loves ones can find and access services and support they need and deserve.



# THE LGBT AGING PROJECT

PHONE: 857-313-6590

EMAIL: Lisa Krinsky at Ikrinsky@fenwayhealth.org or Bob Linscott at blinscott@fenwayhealth.org

ADDRESS: Fenway Health Ansin Building, 1340 Boylston Street, Boston, MA 02215

WEBSITE: www.fenwayhealth.org/the-fenway-institute/lgbt-aging-project/

ABOUT: The LGBT Aging Project is a non-profit organization dedicated to ensuring that lesbian, gay, bisexual and transgender older adults have equal access to the life-prolonging benefits, protections, services and institutions that their heterosexual neighbors take for granted. Since its inception the Aging Project has collaborated with community partners to conduct research among LGBT elders and mainstream providers, engaged scores of LGBT elders themselves, provided training to more than 2,000 people and increased public awareness of LGBT elders and caregivers, and the issues that impact their lives. We are proud of our pioneering and innovative work within both the mainstream and LGBT communities.



# **MEAL PROGRAMS**

### **BRAINTREE**

Monthly Brunch for LGBT Seniors & Friends

WHEN: Last Saturday of Every Month, 10 a.m. to 12 p.m.

WHERE: All Souls Unitarian Church, 196 Elm Street, Braintree, MA 02184

RSVP: 781-848-3910 x372 (Linda Kelly) Sponsored By: South Shore Elder Services

### **CAMBRIDGE**

Kate's Cafe

WHEN: Fourth Wednesday of every month, from 5:00 p.m. to 8:00 p.m. WHERE: 212 Hampshire Street, Inman Square/Cambridge, MA 02139

RSVP: 617-628-2601 x 3193 or lgbtcafe@eldercare.org Sponsored By: Somerville Cambridge Elder Services (SCES)

### **MALDEN**

Mystic Tea

WHEN: 3rd Tuesday of every month, 4:00 p.m. to 6:00 p.m.

WHERE: Mystic Valley Elder Services, 300 Commercial St. #19, Malden, MA 02148

RSVP: Vida Poole at 781-388-2375 or vpoole@mves.org

Sponsored By: Mystic Valley Elder Services

### **MERRIMAC**

LGBT Senior Social Connection

WHEN: 3rd Thursday of the month, 6:30 p.m. to 8 p.m.

WHERE: Merrimac Senior Center, 100 East Main Street, Merrimac, MA 01860 (Rt. 110)

RSVP: Ron Bourque at 978-946-1476 or RBourque@ESMV.org; or contact Laura or Gerry at the Senior Center,

978-346-9549 or Ldmailman@townofmerrimac.com

Sponsored By: Merrimac Council on Aging and Elder Services of Merrimac Valley

### **NEWTON**

Dinner with the Newton Department of Senior Services Lesbian Gay Bisexual Transgender & Friends

WHEN: 3rd Wednesday of each month, 6:00 p.m. to 7:30 p.m.

WHERE: Newton Senior Center, 345 Walnut Street, Newtonville, MA 02460

RSVP: Allanah Seidmann at 617-796-1670 or ilevine@newtonma.gov

Sponsor by: City of Newton Senior Services

LGBTQ ElderCafe

WHEN: 4th Tuesday of each month, 6:00 p.m. to 7:30 p.m.

WHERE: Newton Senior Center, 345 Walnut Street, Newtonville, MA 02460 RSVP: Allanah Seidmann at 617-796-1670 or ilevine@newtonma.gov

Sponsor by: City of Newton Senior Services





# **MEAL PROGRAMS (CONT.)**

# **SALEM**

Over The Rainbow Supper Club

WHEN: 2nd Tuesday of every month, 5:00 p.m. to 6:00 p.m.

WHERE: House of Seven Gables, 115 Derby Street, Salem, MA 01970

RSVP: Lisa Orgettaf at 978-624-2261

Sponsored by: The Old and Bold Coalition of North Shore Elder Services

# **SHARON**

Lakeside Cafe

WHEN: 3rd Monday of every month, 11:00 a.m. to 1:00 p.m.

WHERE: Sharon Adult Center, 219 Massapoag Ave., Sharon, MA 02067 RSVP: Jayne Davis (from HESSCO) at 781-784-4944 or jdavis@hessco.org

Transportation: Call Nancy Weiner at the Sharon Adult Center (781-784-8000) for more information

Sponsored by: HESSCO Elder Services and Sharon Adult Center

# **WORCESTER**

Rainbow Lunch Club

WHEN: 2nd Wednesday of every month, 12:00 p.m. to 2:00 p.m.

WHERE: Unitarian Universalist Church of Worcester, 90 Holden Street, Worcester, MA

RSVP: For more info or to RSVP by the first Wednesday of the month, call 508-756-1545 x339 or email

wlen@eswa.org

Sponsored By: Elder Services of Worcester Area, Worcester LGBT Elder Network, and the Unitarian Universalist

Church of Worcester

Rainbow Supper Club

WHEN:1st Tuesday of every month, 6:00 p.m. to 8:00 p.m.

WHERE: Unitarian Universalist Church of Worcester, 90 Holden Street, Worcester, MA

RSVP: For more info or to RSVP by the first Wednesday of the month, call 508-756-1545 x339 or email

wlen@eswa.org

Sponsored By: Elder Services of Worcester Area, Worcester LGBT Elder Network, and the Unitarian Universalist

Church of Worcester

# **HEALTH PROGRAMS**

# **AIDS ACTION COMMITTEE**

PHONE: 617-437-6200

ADDRESS: Cambridge Cares About AIDS, 359 Green Street, Cambridge, MA 02139

WEBSITE: www.aac.org

ABOUT: Community-based health organization whose mission is to stop the HIV/AIDS epidemic by preventing new infections and optimizing the health of those already infected. Provides services, education, advocacy and

prevention.

# **BOSTON LIVING CENTER**

PHONE: 617-236-1012

ADDRESS: 29 Stanhope Street, Boston, MA 02116

WEBSITE: www.vpi.org/boston

ABOUT: Community drop-in center for people living with HIV/AIDS. Offers peer support, congregate meals, arts,

educational seminars, social activities, and referrals to alternate health care.

### **FENWAY HEALTH**

PHONE: 617-267-0900

ADDRESS: 1340 Boylston Street, Boston, MA 02215

WEBSITE: www.fenwayhealth.org

ABOUT: Community Health Center serving the needs of the LGBT community. Offers mental health services,

ongoing support groups, and medical services.

### **HEBREW SENIOR LIFE**

PHONE: 617-363-8000

ADDRESS: 1200 Centre Street, Roslindale, MA 02131 and other locations

WEBSITE: www.hebrewseniorlife.org/lgbtg-seniors-initiative

ABOUT: An inclusive and welcoming to all faiths, HSL provides workshops on aging and informed end-of-life

care to the LGBT community.











# **HEALTH PROGRAMS (CONT.)**

# **MULTICULTURAL AIDS COALITION**

PHONE: 617-442-1622

ADDRESS: 566 Columbus Avenue, Boston, MA 02130

WEBSITE: www.mac-boston.org

ABOUT: The mission of the Multicultural AIDS Coalition (MAC) is to mobilize communities of color to end the HIV/AIDS epidemic. They also support broader community efforts to eradicate conditions that fuel the epidemic, including substance abuse, lack of health care access, homelessness, incarceration and oppression based on race, ethnicity, gender and sexual orientation. Programs provided include: prevention & screening, client support & services, community mobilization, technical assistance & capacity building, research, public policy & advocacy

# SUPPORT GROUPS

### **FRIENDSHIP WORKS**

PHONE: 617-482-1510

ADDRESS: 105 Chauncy Street, Suite 801, Boston, MA 02111

WEBSITE: www.fw4elders.org

ABOUT: FriendshipWorks enduring mission is to end elder isolation and replace it with the warmth and

comfort of caring and dedicated friends.

# **GREATER BOSTON PARENTS, FAMILIES, AND FRIENDS OF LESBIANS AND GAYS (PFLAG)**

PHONE: 781-891-5966 or 866-427-3524

ADDRESS: 85 River Street, Suite 3A, P.O. Box 541619, Waltham, MA 02454

WEBSITE: www.pflag.org

ABOUT: Helping to change attitudes and create an environment of understanding toward LGBT community

through support, education and advocacy.

## LGBT ALZHEIMER'S CAREGIVER SUPPORT GROUP

PHONE: 617-868-6718

ADDRESS: 309 Waverley Oaks Road, Waltham, MA 02452

WEBSITE: www.alz.org/manh/index.asp

ABOUT: The Alzheimer's Association MA/NH Chapter is pleased to introduce a support group for caregivers of someone with a diagnosis of Alzheimer's disease or a related disorder. Offered in person and over the telephone for six sessions. This group will provide LGBT caregivers the opportunity to connect with other LGBT caregivers who are caring for a loved one with dementia.

MEETING TIME: Thursday mornings from 10:30 a.m. to 11:30 a.m.

RSVP: Contact Brooke Patterson at the number above or email bpatterson@alz.org.

### **LGBT BEREAVEMENT GROUP**

PHONE: 857.313.6578 WEBSITE: fenwayhealth.org

ABOUT: This initiative consists of six free LGBT Bereavement Groups each in different parts of the state. Each group will run for six consecutive weeks and will be led by a licensed clinical social worker who specializes in

bereavement issues in the LGBT Community. The free group is open to any lesbian, gay, bisexual or

transgender individuals who have experienced the loss of a loved one (family member, friend, partner/spouse).

SPONSORED BY: the Mass Department of Public Health

# **SOCIAL GROUPS**

### **BISEXUAL RESOURCE CENTER (BRC)**

PHONE: 617-424-9595

ADDRESS: P.O. Box 1026, Boston, MA 02117

WEBSITE: www.biresource.net

ABOUT: An international organization providing education about and support for bisexual and progressive

issues. Resources also available through Facebook, Tumblr, and Twitter.

### **BOSTON GAY MEN'S CHORUS**

PHONE: 617-542-7464

ADDRESS: 539 Tremont Street, Boston, MA 02116

WEBSITE: www.bgmc.org

ABOUT: One of New England's largest community-based choruses. Holds auditions in September and January.

# TRANS CLUB OF NEW ENGLAND (TCNE)

PHONE: 781-891-9325

ADDRESS: PO Box 540071, Waltham MA 02454-0071

WEBSITE: www.tcne.org

ABOUT: TCNE's primary mission is that of being a social and support club for transgender peoples in the New England region. TCNE has offered transgender social activities and support since the 1970's, they are one of the oldest transgender groups in the world and one of very few with their own permanent location.

### **BOSTON PRIME TIMERS**

PHONE: 617-447-2344

ADDRESS: 566 Columbus Avenue, Boston, MA 02118

WEBSITE: www.bostonprimetimers.org

ABOUT: Boston-area social network of mature gay and bisexual men. Meets one Saturday each month.

# **CAMBRIDGE MEN'S GROUP**

EMAIL: Bill Barnert at BillBarnert@comcast.net or CambridgeMen@comcast.net

WEBSITE: www.cambridgemen.org

ABOUT: A social group for gay and bisexual men and their friends. The group meets regularly for social & other events, either at member's homes, local restaurants, theater or movie excursions, day trips, etc. Members live or work in Cambridge, Somerville, Arlington, Medford, Boston & beyond.

# **SOCIAL GROUPS (CONT.)**

# **CAMBRIDGE WOMEN'S CENTER**

PHONE: 617-354-6394

ADDRESS: 46 Pleasant Street, Cambridge, MA 02139

WEBSITE: www.cambridgewomenscenter.org

ABOUT: Resources, info, networking, referrals, social & support groups, and individual counseling. Offers

several support groups, including a Coming Out Discussion Group for women of all ages.

### **COMPASS**

EMAIL: compassftm@gmail.com

WEBSITE: www.compassftm.org/index.html

ABOUT: New England area female-to-male (FTM) trans support, information, and social group for people

assigned female at birth who feel that is not an accurate or complete description of their gender.

### **OUTVETS - BOSTON**

PHONE: 617-600-8186

EMAIL: Bryan.Bishop@outvetsamerica.org

WEBSITE: www.outvets.com

ABOUT: Fosters community among LGBTQ veterans and active service members. Raises the visibility of this

community through their Living History Project.

### **VOICES RISING**

PHONE: 617-396-7086

ADDRESS: P.O. Box 300476, Jamaica Plain, MA 02130

WEBSITE: www.voicesrising.org

ABOUT: Women's chorus that sings together to give voice to their lives, identities and beliefs, and to celebrate the diverse lesbian, gay, bisexual, transgender women's communities in and around Boston. The chorus meets Tuesday evenings, 6:30-9:30, First Church Boston, 66 Marlborough Street, Boston. Auditions required. Please email auditions@voicesrising.org for more information.

# RAINBOW LIFELONG LEARNING INSTITUTE (LLI)

EMAIL: rainbowlliboston@gmail.com WEBSITE: www.Rainbowlliboston.org

ABOUT: Offers lesbian, gay, bisexual and transgender seniors and friends the opportunity to build and

strengthen community through educational programs and social activities.

# STONEWALL COMMUNITIES LIFELONG LEARNING INSTITUTE (LLI)

PHONE: 617-287-7312 EMAIL: ollireg@gmail.com

ADDRESS: P.O. Box 990035, Boston, MA 02199

WEBSITE: https://www.umb.edu/olli/sigs/stonewall\_at\_olli

ABOUT: Community-building and learning, by and for older lesbians and gay men and their allies. Offers

study groups, social events, day trips and workshops on diverse topics at UMass Boston.

### **KESHET**

PHONE: 617-524-9227

ADDRESS: 284 Amory Street, Jamaica Plain, MA 02130

WEBSITE: http://www.keshetonline.org/

ABOUT: Inclusive community for LGBT Jews in Greater Boston.

# **LEGAL SERVICES**

# **AMERICAN CIVIL LIBERTIES UNION (ACLU)**

PHONE: 617-482-3170

ADDRESS: 211 Congress Street, Boston, MA 02110

WEBSITE: www.aclu.org

ABOUT: Works to defend and preserve individual rights and liberties specifically regarding Constitutional Law, including First Amendment rights, equal protection, due process, privacy rights, police brutality and the rights of society's most vulnerable. They do not work with issues surrounding Family Law. They are familiar with LGBT rights and issues.

# **GAY & LESBIAN ADVOCATES AND DEFENDERS (GLAD)**

PHONE: 617-426-1350

ADDRESS: 30 Winter Street, Suite 800, Boston, MA 02108

WEBSITE: www.glad.org

ABOUT: Legal rights organization dedicated to ending discrimination based on sexual orientation, HIV status, and gender identity and expression. Provides litigation, advocacy and education. Operates legal information and referral hotline between 1:30 and 4:30 Monday through Friday.

# MASSACHUSETTS TRANSGENDER POLITICAL COALITION (MTPC)

PHONE: 617-778-0519

ADDRESS: PO Box 960784, Boston, MA 02196

WEBSITE: www.masstpc.org

ABOUT: The Massachusetts Transgender Political Coalition (MTPC) is dedicated to ending oppression and discrimination on the basis of gender identity and gender expression. Rooted in social justice, we educate the public, advocate with state, local, and federal government, engage in activism, and encourage empowerment of community members through collective action.





# **LEGAL SERVICES (CONT.)**

# **AMERICAN CIVIL LIBERTIES UNION (ACLU)**

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WEBSITE: www.aclu.org

ABOUT: Works to defend and preserve individual rights and liberties specifically regarding Constitutional Law, including First Amendment rights, equal protection, due process, privacy rights, police brutality and the rights of society's most vulnerable. They do not work with issues surrounding Family Law. They are familiar with

LGBT rights and issues.

# ADVOCACY PROGRAMS

# **AARP**

PHONE: 1-888-687-2277

ADDRESS: AARP, 601 E Street, NW Washington DC 20049

WEBSITE: https://www.aarp.org/

ABOUT: Their mission is to enhance the quality of life for all as we age, leading positive social change and delivering value to members through information, advocacy and service. AARP helps strengthen communities and fights for the issues that matter most to families — such as health care, employment and income security, and protection from financial abuse. Their website can be used to access vital resources, as well as specific advocacy tactics.

# **CAMBRIDGE LGBTQ+ COMMISSION**

PHONE: 617-349-3355

ADDRESS: 795 Massachusetts Ave., Cambridge, MA 02139

WEBSITE: http://www.cambridgema.gov/Departments/lgbtqpluscommission

ABOUT: The LGBTQ+ Commission meets monthly to work on LGBTQ+ issues in the city, and it is open to the

public.Please email auditions@voicesrising.org for more information.









### THE HISTORY PROJECT

PHONE: 617-266-7733

EMAIL: info@historyproject.org

ADDRESS: 29 Stanhope Street, Boston, MA, 02116

WEBSITE: www.historyproject.org

ABOUT: Non-profit documenting the history of lesbian, gay, bisexual, transgender, and queer communities of

Boston and the greater New England area. Extensive archives of LGBTQ community history.

# **MASS EQUALITY**

PHONE: 617-878-2300

ADDRESS: 14 Beacon Street, Suite 620, Boston, MA 02108

WEBSITE: www.massequality.org

ABOUT: MassEquality is the leading statewide grassroots advocacy organization working to ensure that everyone across Massachusetts can thrive from cradle to grave without discrimination and oppression based on sexual orientation, gender identity, or gender expression.

# **NATIONAL GAY AND LESBIAN TASK FORCE (NGLTF)**

PHONE: 617-492-6393

ADDRESS: 1151 Mass. Avenue, Cambridge, MA 02138 (local office)

WEBSITE: www.thetaskforce.org

ABOUT: Civil rights and advocacy organization working to build the grassroots political strength of the LGBT community by training state and local activists and leaders, working to strengthen the infrastructure of state and local allies, and organizing broad-based campaigns to build public support for complete equality for LGBT people.

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# **ADVOCACY PROGRAMS (CONT.)**

# **SERVICES AND ADVOCACY FOR LGBT ELDERS (SAGE)**

PHONE: 212-741-2247 WEBSITE: www.sageusa.org

About: Non-profit agency dedicated to serving lesbian, gay, bisexual, and transgender older adults.

Provides programs and services for the aging LGBT community, technical assistance and training to expand opportunities for LGBT older adults across the country, and provides a national voice on LGBT aging issues.

# **SOMERVILLE COMMISSION FOR THE LGBT COMMUNITY**

PHONE: 617-625-6600

ADDRESS: City Hall Annex, 50 Evergreen Avenue, Somerville, MA 02145

ABOUT: Contact with suggestions, concerns or complaints regarding city programs, policies and procedures.

# **SPEAKOUT**

PHONE: 877-223-9390

WEBSITE: www.speakoutboston.org

ADDRESS: P.O. Box 301223, Boston, MA 02130

ABOUT: SpeakOUT is a community of speakers working to create a world free of homo-bi-transphobia and other forms of prejudice by telling the truths of our lives. They conduct educational programs about LGBTQIA lives and issues; they train individuals and organizations to use public speaking as a means of creating positive cultural change; they share our lives and experiences publicly in order to support those struggling with their sexuality and gender identity; and they educate within the communities they represent about issues that divide us.







# **GET** INVOLVED





Know someone who will benefit from these LGBT programs, services, and social groups?



Do you want to impact the lives of the city's elders?



You make our programs happen!

For more information about the LGBT programs and services, please call Jake DeMasi at 617.477.6617, or email jdemasi@ethocare.org.



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