Ethos has long been a leader in taking on the challenges facing elders and finding solutions to the vexing knot of problems that—often prematurely—push the isolated and homebound into nursing homes.

Lesbian, gay, bisexual and transgender (LGBT) elders are among our most vulnerable older adults. They are much less likely to have the traditional supports that other non-LGBT seniors depend on as they age like spouses, children, and other relatives. LGBT elders need support from the aging services network to age well in their own communities and among their own peers.

According to a recent survey of elders at community cafes throughout the Greater Boston area, lesbian, gay, and bisexual seniors reported feeling more isolated and alone than their heterosexual peers. In fact, more than 53% of LGB seniors reported feeling they lacked support compared to only 32% of heterosexuals. The same study found that more than twice as many LGB seniors feel “left out” and marginalized than their heterosexual peers.

Ethos is proud to be the sponsor of Out4Supper, Café Emmanuel, Out2Brunch, Cafe Pride – safe, affirming environments for LGBT seniors to make friends, strengthen their support circles and rebuild resiliency.

3 MILLION
LGBT adults over 55 years old in the United States, and that number will double in 20 years.¹

¹ Out and Visible, SAGE report, 2012
THE CHALLENGES:

65,000 LGBT older adults are living in the Commonwealth.¹

55% LGBT older adults live alone³

80% LGBT older adults fear going out alone⁴

32% LGBT older adults fear going out alone²

51% of LGBT older adults reported feeling very or extremely concerned about their financial futures³

53% of LGBT older adults feel left out and isolated from others³

21% Non-LGBT older adults fear going outside alone²

27% Non-LGBT older adults say their support networks have become smaller over time³

40% LGBT older adults say their support networks have become smaller over time³

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¹ Special Commission on Aging, 2015
² Out and Visible, SAGE Report, 2014
³ Aging and Health Report, 2011
⁴ Pew Research Center, 2014
⁵ M’LANA Coalition Report, 2012
⁶ US Census, 2010
⁷ University of California at San Francisco, 2014
THE SOLUTION:

Senior Housing  Transportation  Social Events  Support Groups  Legal Services

Participants identified these five services and programs as being the most needed for LGBT older adults.1

LGBT PROGRAMS AT ETHOS

COMMUNITY CAFÉS

Community Café programs are an important tool for combating social isolation for people of all sexual orientations. These cafe sites provide older LGBT adults a safe, welcoming and affirming environment where they feel welcome, can be who they are and connect with the community1

CAFÉ EMMANUEL
Cafe Emmanuel is a weekly luncheon for Lesbian, Gay, Bisexual, and Transgender seniors and friends.
WHEN: Every Thursday from 11:00 a.m. to 1:00 p.m.
WHERE: 15 Newbury Street, Boston, MA 02116
RSVP: cafeemmanuel@ethocare.org or 617-477-6606
SUGGESTED DONATION: Seniors $2.00 ($5.00 adults under 60)

CAFÉ PRIDE
Many LGBT elders of color enter retirement age without the supports necessary for healthy aging. Café Pride is a safe and welcoming environment for LGBT elders of color to connect with each other and celebrate the diversity in New England’s LGBT community.
WHEN: Second Wednesday of the month, from 5:00 p.m. to 7:00 p.m.
WHERE: Whittier Street Health Center, 1290 Tremont St., Conference Room 2nd Fl., Boston, MA 02120
RSVP: meals@ethocare.org or 617-477-6606
SUGGESTED DONATION: $5.00

1. TMLANA Coalition Report, 2012
OUT2BRUNCH BROOKLINE
Out2Brunch Brookline is held on the third Saturday of the month at Goddard House in Brookline. It is fully handicap accessible and features plenty of free parking.

WHEN: Third Saturday of every month, from 11:00 a.m. to 1:00 p.m.
WHERE: Goddard House, 165 Chestnut Street, Brookline, MA 02445
RSVP: meals@ethocare.org or 617-522-6700 x306
SUGGESTED DONATION: Seniors $2.00 ($5.00 adults under 60)

OUT2BRUNCH ROSLINDALE
Out2Brunch is a monthly brunch and social for older lesbian, bisexual, and transgender women. Each Out2Brunch meal is followed by entertainment, presentation, or discussion.

WHEN: First Saturday of every month from 11:00 a.m. to 1:00 p.m.
WHERE: Roslindale House, 120 Poplar Street, Roslindale, MA 02132
RSVP: outtobrunch@gmail.com or 617-522-6700 x306.
SUGGESTED DONATION: Seniors $2.00 ($5.00 adults under 60)

OUT4SUPPER
Out4Supper is the first “Supper Club” in Boston for LGBT elders and their friends. A varied program of entertainment, speakers, and discussion groups accompany the meal making each event a memorable experience.

WHEN: First Tuesday of every month, from 6:00 p.m. to 8:00 p.m.
WHERE: Mount Pleasant Home, 301 South Huntington Ave., Jamaica Plain, MA 02130
RSVP: meals@ethocare.org or 617-522-6700 x306
SUGGESTED DONATION: Seniors $5.00
SPECIAL EVENTS

SENIOR PRIDE LUNCHEON
Held during Pride Month (June), this annual event draws nearly 300 LGBT elders from throughout Eastern Massachusetts to celebrate aging in the LGBT community. Visit www.ethocare.org/pride for more information.

ADVOCACY PROGRAMS

AGEWELL EQUALITY
AgeWell Equality (AWE) is a systems change initiative designed to promote the LGBT friendliness of aging services through improved access and utilization. Despite deliberate and well-meaning efforts to engage LGBT seniors in the current aging system network, they remain fearful of accessing mainstream programming due to a lifetime of discrimination. This pattern will continue unless significant changes are made to remove the obstacles that limit their participation.

AWE manages this change effort by implementing health and wellness programs and services specifically tailored and targeted to vulnerable LGBT seniors. AWE provides evidence-based healthy aging programs to encourage health and wellness, social engagement opportunities to combat isolation, and Conversations on Aging, regular forums that addresses relevant aging issues. Participation in AWE activities lead to improved health, independence and quality of life for the area’s vulnerable LGBT seniors.

The goal of AWE is to stimulate LGBT-friendly systems change within aging and related services by simultaneously

- Improving the uncoordinated and insufficient institutional systems by which aging services and other providers reach and engage LGBT elders, and
- Identifying and actively engaging LGBT seniors who are currently avoiding aging services, by scaling up culturally competent programs.

This coordinated two-pronged approach requires the active engagement of LGBTs. History has shown this cannot be purely “top down” or institutional in its approach. The goals of AWE align the recommendations from the MA Special Commission on LGBT Aging: train providers on LGBT competency; expand availability of LGBT friendly services; create regional models for reaching LGBT elders; make senior housing LGBT friendly; create an LGBT friendly rating index. For more information, contact Jake DeMasi at 617.477.6617, email jdemasi@ethocare.org.

ETHOS EQUALITY FUND
The Ethos Equality Fund (EEF) was launched in February 2012 and is the Boston area’s first fund solely dedicated to supporting aging lesbians, gay men, bisexuals, and transgenders (LGBTs) and their support circles.
LGBT AGING COMMISSION
Ethos’ CEO Dale Mitchell is an active representative on the commission.

MENTAL HEALTH PROGRAMS

HEALTHY IDEAS
Healthy IDEAS (Identifying Depression, Empowering Activities for Seniors) is an evidence-based program that was designed as a practical intervention to detect depression and reduce the severity of depressive symptoms in at-risk older adults. Each Ethos staff member is trained.

OTHER PROGRAMS

LGBT FRIENDLY VOLUNTEER COMPANION PROGRAM
This program helps seniors find companionship, relieve loneliness, and share common interests with an LGBT Friendly Volunteer Companion who will visit the senior in their home for one hour each week, for a minimum of six months. Friendly visitors can escort the senior to their medical appointments, read mail, books or newspapers with the senior, prepare a light meal or snack for the senior, play cards or other games with the senior, accompany the senior on a walk or to a social activity, and many other things.

LONG-TERM CARE OMBUDSMAN
This ombudsman program is federally funded and protects the rights of all people in assisted living facilities. Specially trained volunteers and staff visit each facility and rest home in the City of Boston on a regular basis, and meet with residents and their families. Ombudsmen work with residents on quality of life issues such as timely responses by nursing facility staff to requests for assistance and facility cleanliness and meals. Ombudsmen also fight discrimination in nursing homes by supporting vulnerable populations.
LGBT RESOURCES
IN MASSACHUSETTS

FEATURED PROGRAMS

BOSTON ELDERINFO
PHONE: 617-292-6211
EMAIL: bei@bshcinfo.org
ADDRESS: 89 South Street, Suite 501, Boston, MA 02111
WEBSITE: www.elderinfo.org
ABOUT: Sponsored by Boston’s Elder Care Alliance, Boston ElderINFO is the gateway to access affordable, high-quality resources. Elder Care Alliance’s mission is to improve the lives of elders by obtaining new sources of funding to enhance each agency’s existing services and by creating new, innovative citywide programs to address elders’ unmet needs. Boston Senior Home Care (BSHC), a local state funded Aging Service Access Point, received a grant from The Boston Foundation’s Equality Fund to implement enhancements and upgrades to the Boston ElderINFO website to make it more accessible to LGBT older adults, their caregivers, friends, allies, and family. This project aligns with the vision of the Equality Fund by advancing effective Information and Referral services to ensure culturally competent, person-centered services and support to LGBT elders. Working collaboratively with Ethos and others to develop and implement a comprehensive awareness and outreach campaign to educate the community about the redesigned website so LGBTQ older adults and their loves ones can find and access services and support they need and deserve.

THE LGBT AGING PROJECT
PHONE: 857-313-6590
EMAIL: Lisa Krinsky at lkrinsky@fenwayhealth.org or Bob Linscott at blinscott@fenwayhealth.org
ADDRESS: Fenway Health Ansin Building, 1340 Boylston Street, Boston, MA 02215
WEBSITE: www.fenwayhealth.org/the-fenway-institute/lgbt-aging-project/
ABOUT: The LGBT Aging Project is a non-profit organization dedicated to ensuring that lesbian, gay, bisexual and transgender older adults have equal access to the life-prolonging benefits, protections, services and institutions that their heterosexual neighbors take for granted. Since its inception the Aging Project has collaborated with community partners to conduct research among LGBT elders and mainstream providers, engaged scores of LGBT elders themselves, provided training to more than 2,000 people and increased public awareness of LGBT elders and caregivers, and the issues that impact their lives. We are proud of our pioneering and innovative work within both the mainstream and LGBT communities.
MEAL PROGRAMS

BRAINTREE
Monthly Brunch for LGBT Seniors & Friends

WHEN: Last Saturday of Every Month, 10 a.m. to 12 p.m.
WHERE: All Souls Unitarian Church, 196 Elm Street, Braintree, MA 02184
RSVP: 781-848-3910 x372 (Linda Kelly)
Sponsored By: South Shore Elder Services

CAMBRIDGE
Kate’s Cafe

WHEN: Fourth Wednesday of every month, from 5:00 p.m. to 8:00 p.m.
WHERE: 212 Hampshire Street, Inman Square/Cambridge, MA 02139
RSVP: 617-628-2601 x 3193 or lgbtcafe@eldercare.org
Sponsored By: Somerville Cambridge Elder Services (SCES)

MALDEN
Mystic Tea

WHEN: 3rd Tuesday of every month, 4:00 p.m. to 6:00 p.m.
WHERE: Mystic Valley Elder Services, 300 Commercial St. #19, Malden, MA 02148
RSVP: Vida Poole at 781-388-2375 or vpoole@mves.org
Sponsored By: Mystic Valley Elder Services

MERRIMAC
LGBT Senior Social Connection

WHEN: 3rd Thursday of the month, 6:30 p.m. to 8 p.m.
WHERE: Merrimac Senior Center, 100 East Main Street, Merrimac, MA 01860 (Rt. 110)
RSVP: Ron Bourque at 978-946-1476 or RBourque@ESMV.org; or contact Laura or Gerry at the Senior Center, 978-346-9549 or Ldmailman@townofmerrimac.com
Sponsored By: Merrimac Council on Aging and Elder Services of Merrimac Valley

NEWTON
Dinner with the Newton Department of Senior Services Lesbian Gay Bisexual Transgender & Friends

WHEN: 3rd Wednesday of each month, 6:00 p.m. to 7:30 p.m.
WHERE: Newton Senior Center, 345 Walnut Street, Newtonville, MA 02460
RSVP: Allanah Seidmann at 617-796-1670 or ilevine@newtonma.gov
Sponsor by: City of Newton Senior Services

LGBTQ ElderCafe

WHEN: 4th Tuesday of each month, 6:00 p.m. to 7:30 p.m.
WHERE: Newton Senior Center, 345 Walnut Street, Newtonville, MA 02460
RSVP: Allanah Seidmann at 617-796-1670 or ilevine@newtonma.gov
Sponsor by: City of Newton Senior Services
MEAL PROGRAMS (CONT.)

SALEM
Over The Rainbow Supper Club
WHEN: 2nd Tuesday of every month, 5:00 p.m. to 6:00 p.m.
WHERE: House of Seven Gables, 115 Derby Street, Salem, MA 01970
RSVP: Lisa Orgettaf at 978-624-2261
Sponsored by: The Old and Bold Coalition of North Shore Elder Services

SHARON
Lakeside Cafe
WHEN: 3rd Monday of every month, 11:00 a.m. to 1:00 p.m.
WHERE: Sharon Adult Center, 219 Massapoag Ave., Sharon, MA 02067
RSVP: Jayne Davis (from HESSCO) at 781-784-4944 or jdavis@hessco.org
Transportation: Call Nancy Weiner at the Sharon Adult Center (781-784-8000) for more information
Sponsored by: HESSCO Elder Services and Sharon Adult Center

WORCESTER
Rainbow Lunch Club
WHEN: 2nd Wednesday of every month, 12:00 p.m. to 2:00 p.m.
WHERE: Unitarian Universalist Church of Worcester, 90 Holden Street, Worcester, MA
RSVP: For more info or to RSVP by the first Wednesday of the month, call 508-756-1545 x339 or email wlen@eswa.org
Sponsored By: Elder Services of Worcester Area, Worcester LGBT Elder Network, and the Unitarian Universalist Church of Worcester

Rainbow Supper Club
WHEN: 1st Tuesday of every month, 6:00 p.m. to 8:00 p.m.
WHERE: Unitarian Universalist Church of Worcester, 90 Holden Street, Worcester, MA
RSVP: For more info or to RSVP by the first Wednesday of the month, call 508-756-1545 x339 or email wlen@eswa.org
Sponsored By: Elder Services of Worcester Area, Worcester LGBT Elder Network, and the Unitarian Universalist Church of Worcester
HEALTH PROGRAMS

AIDS ACTION COMMITTEE
PHONE: 617-437-6200
ADDRESS: Cambridge Cares About AIDS, 359 Green Street, Cambridge, MA 02139
WEBSITE: www.aac.org
ABOUT: Community-based health organization whose mission is to stop the HIV/AIDS epidemic by preventing new infections and optimizing the health of those already infected. Provides services, education, advocacy and prevention.

BOSTON LIVING CENTER
PHONE: 617-236-1012
ADDRESS: 29 Stanhope Street, Boston, MA 02116
WEBSITE: www.vpi.org/boston
ABOUT: Community drop-in center for people living with HIV/AIDS. Offers peer support, congregate meals, arts, educational seminars, social activities, and referrals to alternate health care.

FENWAY HEALTH
PHONE: 617-267-0900
ADDRESS: 1340 Boylston Street, Boston, MA 02215
WEBSITE: www.fenwayhealth.org
ABOUT: Community Health Center serving the needs of the LGBT community. Offers mental health services, ongoing support groups, and medical services.

HEBREW SENIOR LIFE
PHONE: 617-363-8000
ADDRESS: 1200 Centre Street, Roslindale, MA 02131 and other locations
WEBSITE: www.hebrewseniorlife.org/lgbtq-seniors-initiative
ABOUT: An inclusive and welcoming to all faiths, HSL provides workshops on aging and informed end-of-life care to the LGBT community.
HEALTH PROGRAMS (CONT.)

MULTICULTURAL AIDS COALITION
PHONE: 617-442-1622
ADDRESS: 566 Columbus Avenue, Boston, MA 02130
WEBSITE: www.mac-boston.org
ABOUT: The mission of the Multicultural AIDS Coalition (MAC) is to mobilize communities of color to end the HIV/AIDS epidemic. They also support broader community efforts to eradicate conditions that fuel the epidemic, including substance abuse, lack of health care access, homelessness, incarceration and oppression based on race, ethnicity, gender and sexual orientation. Programs provided include: prevention & screening, client support & services, community mobilization, technical assistance & capacity building, research, public policy & advocacy

SUPPORT GROUPS

FRIENDSHIP WORKS
PHONE: 617-482-1510
ADDRESS: 105 Chauncy Street, Suite 801, Boston, MA 02111
WEBSITE: www.fw4elders.org
ABOUT: FriendshipWorks enduring mission is to end elder isolation and replace it with the warmth and comfort of caring and dedicated friends.

GREATER BOSTON PARENTS, FAMILIES, AND FRIENDS OF LESBIANS AND GAYS (PFLAG)
PHONE: 781-891-5966 or 866-427-3524
ADDRESS: 85 River Street, Suite 3A, P.O. Box 541619, Waltham, MA 02454
WEBSITE: www.pflag.org
ABOUT: Helping to change attitudes and create an environment of understanding toward LGBT community through support, education and advocacy.

LGBT ALZHEIMER’S CAREGIVER SUPPORT GROUP
PHONE: 617-868-6718
ADDRESS: 309 Waverley Oaks Road, Waltham, MA 02452
WEBSITE: www.alz.org/manh/index.asp
ABOUT: The Alzheimer’s Association MA/NH Chapter is pleased to introduce a support group for caregivers of someone with a diagnosis of Alzheimer’s disease or a related disorder. Offered in person and over the telephone for six sessions. This group will provide LGBT caregivers the opportunity to connect with other LGBT caregivers who are caring for a loved one with dementia.
MEETING TIME: Thursday mornings from 10:30 a.m. to 11:30 a.m.
RSVP: Contact Brooke Patterson at the number above or email bpatterson@alz.org.
**SOCIAL GROUPS**

**BISEXUAL RESOURCE CENTER (BRC)**
PHONE: 617-424-9595  
ADDRESS: P.O. Box 1026, Boston, MA 02117  
WEBSITE: www.biresource.net  
ABOUT: An international organization providing education about and support for bisexual and progressive issues. Resources also available through Facebook, Tumblr, and Twitter.

**BOSTON GAY MEN’S CHORUS**
PHONE: 617-542-7464  
ADDRESS: 539 Tremont Street, Boston, MA 02116  
WEBSITE: www.bgmc.org  

**TRANS CLUB OF NEW ENGLAND (TCNE)**
PHONE: 781-891-9325  
ADDRESS: PO Box 540071, Waltham MA 02454-0071  
WEBSITE: www.tcne.org  
ABOUT: TCNE’s primary mission is that of being a social and support club for transgender peoples in the New England region. TCNE has offered transgender social activities and support since the 1970’s, they are one of the oldest transgender groups in the world and one of very few with their own permanent location.

**BOSTON PRIME TIMERS**
PHONE: 617-447-2344  
ADDRESS: 566 Columbus Avenue, Boston, MA 02118  
WEBSITE: www.bostonprimetimers.org  
ABOUT: Boston-area social network of mature gay and bisexual men. Meets one Saturday each month.

**CAMBRIDGE MEN’S GROUP**
EMAIL: Bill Barnert at BillBarnert@comcast.net or CambridgeMen@comcast.net  
WEBSITE: www.cambridgemen.org  
ABOUT: A social group for gay and bisexual men and their friends. The group meets regularly for social & other events, either at member’s homes, local restaurants, theater or movie excursions, day trips, etc. Members live or work in Cambridge, Somerville, Arlington, Medford, Boston & beyond.

**LGBT BEREAVEMENT GROUP**
PHONE: 857.313.6578  
WEBSITE: fenwayhealth.org  
ABOUT: This initiative consists of six free LGBT Bereavement Groups each in different parts of the state. Each group will run for six consecutive weeks and will be led by a licensed clinical social worker who specializes in bereavement issues in the LGBT Community. The free group is open to any lesbian, gay, bisexual or transgender individuals who have experienced the loss of a loved one (family member, friend, partner/spouse).  
SPONSORED BY: the Mass Department of Public Health
SOCIAL GROUPS (CONT.)

CAMBRIDGE WOMEN’S CENTER
PHONE: 617-354-6394
ADDRESS: 46 Pleasant Street, Cambridge, MA 02139
WEBSITE: www.cambridgewomenscenter.org
ABOUT: Resources, info, networking, referrals, social & support groups, and individual counseling. Offers several support groups, including a Coming Out Discussion Group for women of all ages.

COMPASS
EMAIL: compassftm@gmail.com
WEBSITE: www.compassftm.org/index.html
ABOUT: New England area female-to-male (FTM) trans support, information, and social group for people assigned female at birth who feel that is not an accurate or complete description of their gender.

OUTVETS - BOSTON
PHONE: 617-600-8186
EMAIL: Bryan.Bishop@outvetsamerica.org
WEBSITE: www.outvets.com
ABOUT: Fosters community among LGBTQ veterans and active service members. Raises the visibility of this community through their Living History Project.

VOICES RISING
PHONE: 617-396-7086
ADDRESS: P.O. Box 300476, Jamaica Plain, MA 02130
WEBSITE: www.voicesrising.org
ABOUT: Women’s chorus that sings together to give voice to their lives, identities and beliefs, and to celebrate the diverse lesbian, gay, bisexual, transgender women’s communities in and around Boston. The chorus meets Tuesday evenings, 6:30-9:30, First Church Boston, 66 Marlborough Street, Boston. Auditions required. Please email auditions@voicesrising.org for more information.

RAINBOW LIFELONG LEARNING INSTITUTE (LLI)
EMAIL: rainbowlliboston@gmail.com
WEBSITE: www.Rainbowlliboston.org
ABOUT: Offers lesbian, gay, bisexual and transgender seniors and friends the opportunity to build and strengthen community through educational programs and social activities.

STONEWALL COMMUNITIES LIFELONG LEARNING INSTITUTE (LLI)
PHONE: 617-287-7312
EMAIL: olli@masspoli.edu
ADDRESS: 990035, Boston, MA 02199
WEBSITE: https://www.umb.edu/olli/sigs/stonewall_at_olli
ABOUT: Community-building and learning, by and for older lesbians and gay men and their allies. Offers study groups, social events, day trips and workshops on diverse topics at UMass Boston.
KESHET
PHONE: 617-524-9227
ADDRESS: 284 Amory Street, Jamaica Plain, MA 02130
WEBSITE: http://www.keshetonline.org/
ABOUT: Inclusive community for LGBT Jews in Greater Boston.

LEGAL SERVICES

AMERICAN CIVIL LIBERTIES UNION (ACLU)
PHONE: 617-482-3170
ADDRESS: 211 Congress Street, Boston, MA 02110
WEBSITE: www.aclu.org
ABOUT: Works to defend and preserve individual rights and liberties specifically regarding Constitutional Law, including First Amendment rights, equal protection, due process, privacy rights, police brutality and the rights of society's most vulnerable. They do not work with issues surrounding Family Law. They are familiar with LGBT rights and issues.

GAY & LESBIAN ADVOCATES AND DEFENDERS (GLAD)
PHONE: 617-426-1350
ADDRESS: 30 Winter Street, Suite 800, Boston, MA 02108
WEBSITE: www.glad.org
ABOUT: Legal rights organization dedicated to ending discrimination based on sexual orientation, HIV status, and gender identity and expression. Provides litigation, advocacy and education. Operates legal information and referral hotline between 1:30 and 4:30 Monday through Friday.

MASSACHUSETTS TRANSGENDER POLITICAL COALITION (MTPC)
PHONE: 617-778-0519
ADDRESS: PO Box 960784, Boston, MA 02196
WEBSITE: www.masstpc.org
ABOUT: The Massachusetts Transgender Political Coalition (MTPC) is dedicated to ending oppression and discrimination on the basis of gender identity and gender expression. Rooted in social justice, we educate the public, advocate with state, local, and federal government, engage in activism, and encourage empowerment of community members through collective action.
LEGAL SERVICES (CONT.)

AMERICAN CIVIL LIBERTIES UNION (ACLU)
PHONE: 617-482-3170
ADDRESS: 211 Congress Street, Boston, MA 02110
WEBSITE: www.aclu.org
ABOUT: Works to defend and preserve individual rights and liberties specifically regarding Constitutional Law, including First Amendment rights, equal protection, due process, privacy rights, police brutality and the rights of society's most vulnerable. They do not work with issues surrounding Family Law. They are familiar with LGBT rights and issues.

ADVOCACY PROGRAMS

AARP
PHONE: 1-888-687-2277
ADDRESS: AARP, 601 E Street, NW Washington DC 20049
WEBSITE: https://www.aarp.org/
ABOUT: Their mission is to enhance the quality of life for all as we age, leading positive social change and delivering value to members through information, advocacy and service. AARP helps strengthen communities and fights for the issues that matter most to families — such as health care, employment and income security, and protection from financial abuse. Their website can be used to access vital resources, as well as specific advocacy tactics.

CAMBRIDGE LGBTQ+ COMMISSION
PHONE: 617-349-3355
ADDRESS: 795 Massachusetts Ave., Cambridge, MA 02139
WEBSITE: http://www.cambridgema.gov/Departments/lgbtqpluscommission
ABOUT: The LGBTQ+ Commission meets monthly to work on LGBTQ+ issues in the city, and it is open to the public. Please email auditions@voicesrising.org for more information.
THE HISTORY PROJECT
PHONE: 617-266-7733
EMAIL: info@historyproject.org
ADDRESS: 29 Stanhope Street, Boston, MA, 02116
WEBSITE: www.historyproject.org
ABOUT: Non-profit documenting the history of lesbian, gay, bisexual, transgender, and queer communities of Boston and the greater New England area. Extensive archives of LGBTQ community history.

MASS EQUALITY
PHONE: 617-878-2300
ADDRESS: 14 Beacon Street, Suite 620, Boston, MA 02108
WEBSITE: www.massequality.org
ABOUT: MassEquality is the leading statewide grassroots advocacy organization working to ensure that everyone across Massachusetts can thrive from cradle to grave without discrimination and oppression based on sexual orientation, gender identity, or gender expression.

NATIONAL GAY AND LESBIAN TASK FORCE (NGLTF)
PHONE: 617-492-6393
ADDRESS: 1151 Mass. Avenue, Cambridge, MA 02138 (local office)
WEBSITE: www.thetaskforce.org
ABOUT: Civil rights and advocacy organization working to build the grassroots political strength of the LGBT community by training state and local activists and leaders, working to strengthen the infrastructure of state and local allies, and organizing broad-based campaigns to build public support for complete equality for LGBT people.

NATIONAL GAY AND LESBIAN TASK FORCE (NGLTF)
PHONE: 617-492-6393
ADDRESS: 1151 Mass. Avenue, Cambridge, MA 02138 (local office)
WEBSITE: www.thetaskforce.org
ABOUT: Civil rights and advocacy organization working to build the grassroots political strength of the LGBT community by training state and local activists and leaders, working to strengthen the infrastructure of state and local allies, and organizing broad-based campaigns to build public support for complete equality for LGBT people.
ADVOCACY PROGRAMS (CONT.)

SERVICES AND ADVOCACY FOR LGBT ELDERS (SAGE)
PHONE: 212-741-2247
WEBSITE: www.sageusa.org
About: Non-profit agency dedicated to serving lesbian, gay, bisexual, and transgender older adults. Provides programs and services for the aging LGBT community, technical assistance and training to expand opportunities for LGBT older adults across the country, and provides a national voice on LGBT aging issues.

SOMERVILLE COMMISSION FOR THE LGBT COMMUNITY
PHONE: 617-625-6600
ADDRESS: City Hall Annex, 50 Evergreen Avenue, Somerville, MA 02145
ABOUT: Contact with suggestions, concerns or complaints regarding city programs, policies and procedures.

SPEAKOUT
PHONE: 877-223-9390
WEBSITE: www.speakoutboston.org
ADDRESS: P.O. Box 301223, Boston, MA 02130
ABOUT: SpeakOUT is a community of speakers working to create a world free of homo-bi-transphobia and other forms of prejudice by telling the truths of our lives. They conduct educational programs about LGBTQIA lives and issues; they train individuals and organizations to use public speaking as a means of creating positive cultural change; they share our lives and experiences publicly in order to support those struggling with their sexuality and gender identity; and they educate within the communities they represent about issues that divide us.
GET INVOLVED

For more information about the LGBT programs and services, please call Jake DeMasi at 617.477.6617, or email jdemasi@ethocare.org.