

CONVERSATIONS ON LGBT AGING: HOUSING

SPONSORED BY ETHOS' AGEWELL EQUALITY PROGRAM

FEBRUARY 12, 2019

AGING IN YOUR COMMUNITY

OVERVIEW OF HOME AND COMMUNITY BASED
PROGRAMS AND SERVICES FOR OLDER ADULTS

FEBRUARY 12, 2019

PREPARED BY SUE TENA, HOME CARE DIRECTOR

SUE TENA

- Susan Evensen Tena, Home Care Director
- LICSW
- At Ethos since 2003; positions held at Ethos include Case Manager, Intake Specialist, Program Manager, Assistant Director, and now Director of Home Care.
- For the past 4 years she has taught in the Bachelor's of Social Work program at Salem State University.

WHAT IS AN ASAP?

Aging Services Access Points are:

- One-stop shopping for elders and caregivers seeking long-term care.
- Community-based nonprofits with a majority of elders on their Boards of Directors.
- Independent care managers; don't provide direct care.
- Non-duplicative organizations serving specific geographic areas.
- Funded and regulated primarily by the state.

AGING SERVICES ACCESS POINTS

ASAPS

Established under Chapter 19A of Massachusetts General Laws. There are 26 ASAPs statewide in exclusive geographic areas. ASAPs are private, non-profit agencies with Governing Boards made up of at least 51% representation of person's age 60 or older and appointed by the local Councils on Aging.

ASAPs provide the following direct services: Information and Referral; interdisciplinary case management: intake, assessment, development and implementation of service plans; monitoring of service plans; and reassessment of needs; and Protective Services: investigations of abuse and neglect of elders.

- | | | |
|---|--|--|
| 1. BayPath Elder Services * | 11. Highland Valley Elder Services * | 22. South Shore Elder Services * |
| 2. Elder Services of Berkshire County * | 12. HESSCO * | 23. Springwell * |
| 3. Boston Senior Home Care | 13. LifePath | 24. Tri-Valley |
| 4. Bristol Elder Services * | 14. Elder Services of the Merrimack Valley * | 25. Western Mass ElderCare * |
| 5. Elder Services of Cape Cod and the Islands * | 15. Minuteman Senior Services * | 26. Elder Services of Worcester Area |
| 6. Central Boston Elder Services | 16. Montachusett Home Care * | |
| 7. Coastline Elderly Services * | 17. Mystic Valley Elder Services | |
| 8. Ethos | 18. North Shore Elder Services * | |
| 9. Greater Lynn Senior Services * | 19. Old Colony Elder Services | |
| 10. Greater Springfield Senior Services * | 20. SeniorCare * | |
| | 21. Somerville Cambridge Elder Services * | |

***Also a AAA**

AREA AGENCIES ON AGING

AAAs

Established under the Older Americans Act (OAA) in 1973 to respond to the needs of Americans 60 and over in every local community. By providing a range of options that allow older adults to choose the home and community-based services and living arrangements that suit them best, AAAs make it possible for older adults to “age in place” in their homes and communities. ([Learn more about AAAs.](#))

1. [Billerica Council on Aging](#)
2. [Boston Commission on Affairs of the Elderly](#)
3. [Cape Organization for Rights of the Disabled \(CORD\)](#)
4. [Central Massachusetts Agency on Aging](#)
5. [Franklin County Home Care Corporation](#)
6. [Old Colony Planning Council Area Agency on Aging](#)

WHAT SERVICES ARE OFFERED?

- | | | |
|---------------------------------------|---|--------------------------------------|
| 1. Information and referral | 15. Home delivered meals | 29. Money management |
| 2. Care Coordination | 16. Emergency shelter | 30. Options counseling |
| 3. Homemaker services | 17. Transportation | 31. Family caregiver support program |
| 4. Supportive day care | 18. Grocery shopping/delivery | 32. Medicare Counseling (SHINE) |
| 5. Adult day health | 19. Chore services | 33. Long-Term Care Ombudsman |
| 6. Supportive home care aide | 20. Vision rehabilitation | 34. Volunteer Services |
| 7. Laundry service | 21. Respite care | 35. Healthy Aging Programs |
| 8. Personal emergency response system | 22. Alzheimer's / dementia coaching | |
| 9. Adaptive housing/equipment | 23. Behavioral health counseling | |
| 10. Companion services | 24. Nutritional assessment | |
| 11. Medication dispensing system | 25. Home based wandering response systems | |
| 12. Personal care | 26. Home delivery of pre-packaged medication | |
| 13. Dementia day care | 27. Transitional assistance | |
| 14. Home health services | 28. Translation/interpreting service | |

With some exceptions, most ASAPS offer the same services.

ETHOS PROGRAMS



HOME CARE



SENIOR CARE OPTIONS



NUTRITION



MONEY MANAGEMENT



OPTIONS COUNSELING



PCA



VOLUNTEER SERVICES



HEALTH & WELLNESS



MEDICARE COUNSELING

CORE SERVICE

HOME CARE PROGRAM

- Home Care is a state-funded program that enables qualified people over 60, to remain in their own homes as they age.
- Some of the most popular Home Care services include:
 - Homemaking
 - Laundry (pick up and drop off)
 - Grocery Shopping
 - Bathing & Dressing
 - Alzheimer's coaching for caregivers

WHO IS ELIGIBLE FOR SERVICES?

ELIGIBILITY IS BASED ON AGE, INCOME, CLINICAL NEED

AGE – Must be 60 or older or have diagnosis of early Alzheimer's or related dementia

INCOME – At lower incomes the co-payment has a cap; at higher incomes the co-payment is calculated as a percent of the cost of services

CLINICAL NEED - Looks at functional ability with daily tasks (bathing dressing, toileting, getting around inside outside, meal prep, shopping)

HOME CARE ELIGIBILITY

Age & Residence

- 60 years and older or under 60 with a diagnosis of Alzheimer's disease and in need of respite services. Consumers must be living at home in Massachusetts and not in an institutional setting or Assisted Living Residence.

Financial

- MassHealth members are financially eligible. Income guidelines require Annual Gross Income less than \$26,561/single and \$37,581/couple.
- Monthly Co-Payments
 - \$10 - \$141 for individuals with incomes that range from \$12,062 - \$27,094
 - \$18 - \$152 for couples with incomes that range from \$16,242 - \$38,337
- Over-Income Scale
 - 50% - 100% of cost of services

Need

- **Instrumental Activities of Daily Living (IADLs)** include meal preparation, shopping, laundry, managing money, housework, transportation, use of telephone, outdoor mobility, and taking medicine
- **Activities of Daily Living (ADLs)** include bathing, dressing, eating, toileting, continence, transferring, and indoor mobility
- **Critical Unmet Needs** include any ADL, meal preparation, grocery shopping, transportation for medical treatment, and need for home health services or respite care

WHO PERFORMS THE ASSESSMENT?

- Specially trained intake workers and case managers
- Registered nurses assess individuals who need assistance with personal care
- Reassessments during client visits to determine if anything has changed or additional supports are required

CORE SERVICE

ENHANCED COMMUNITY OPTIONS PROGRAM

- Higher level of services than home care
- Need to be at the nursing home level of need
- No asset test
- Not eligible for MassHealth

CORE SERVICE CHOICES

- This program provides services to individuals 60 years of age and older who meet the requirements for nursing home level of care, are MassHealth eligible, and wish to receive their services in the community.
- Choices is a home and community based waiver program.
- Allows spousal incomes to be separated.

PCA

PERSONAL CARE ATTENDANT PROGRAM

- Requires MassHealth standard or CommonHealth
- Chronic, ongoing need for at least 2 ADLs
- Ability to recruit, hire, train, terminate workers
- A fiscal intermediary generates the paychecks and required documents

CORE SERVICE

OPTIONS COUNSELING PROGRAM

**Helps individuals and families answer the question:
“Can I continue to live in my own home,
independently?”**

- Serve elders age 60+ and adults with disabilities
- Available at no cost
- provide unbiased information about long term care services and resources
- Ensures that the individual retains control over the process
- Provides decision support
- Assists in determining next steps to take

CORE SERVICE

NUTRITION

The rate of hunger among seniors has increased



The number of seniors struggling with hunger is projected to increase by another



when the youngest of the baby-boomer generation reaches 60 in 2025.

- **Home Delivered Meals (Meals on Wheels)**
- **Community Cafes (Congregate Meals)**
- No income or asset test, 60 years old
- Inability to prepare a nutritious, hot meal on one's own (home delivered program)
- In-home nutrition consultation
- Request for donations, no direct billing allowed
- Meals for different dietary needs and cuisines



say it improves their health



say it enables them to remain living at home



say it makes them feel more safe and secure

MEDICARE COUNSELING

SHINE – Serving the Health Insurance Needs of Everyone

- Provides free health insurance information and counseling to MA residents with Medicare and their caregivers.
- Helps elders and individuals with disabilities in understanding their Medicare and MassHealth benefits and other health insurance options.
- Accurate, unbiased and up-to-date information about their health care options.
- Counselors may review present coverage, provide written comparisons of plans, protect Medicare beneficiaries from paying for bills they should not pay, and prevent paying for unnecessary duplicate coverage.

ETHOS SERVICE AREAS

Services	Service Area
Home Care	Jamaica Plain, West Roxbury, Roslindale, Hyde Park, Mattapan only
Nutrition (Meals on Wheels, Community Cafes)	Boston proper only
Personal Care Attendant	Greater Boston
Boston Money Management Program	Boston proper only
Long-Term Options Counseling	Boston proper only
Long-Term Care Ombudsman	Boston proper only
SHINE (Medicare Insurance Counseling)	Boston proper only
Healthy Aging Programs/Classes	Boston proper only
AgeWell	Boston proper only
JP@Home	Jamaica Plain, West Roxbury, Roslindale, Hyde Park, Mattapan, Roxbury, Mission Hill, Brookline only
Volunteer Services	Boston proper only



DEPRESSION MANAGEMENT



NEARLY 1 in 5 AMERICANS 65 OR OLDER EXPERIENCES SYMPTOMS OF DEPRESSION

Healthy IDEAS: Identifying Depression, Empowering Activities for Seniors

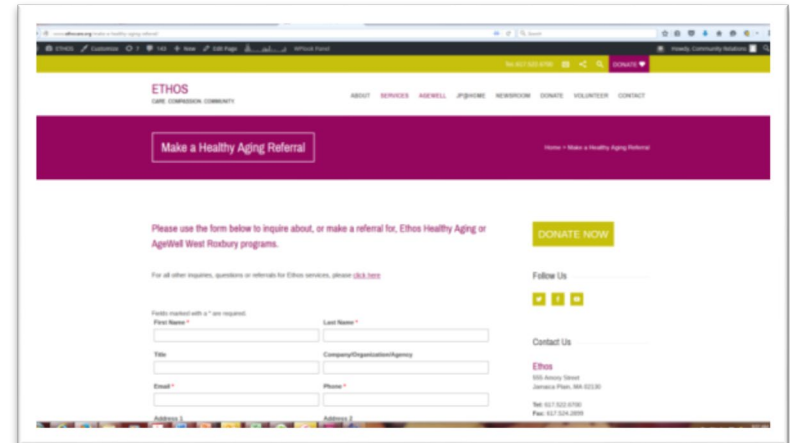
Program Components:

- **Screening** for symptoms of depression and assessing their severity
- **Educating** older adults and caregivers about depression
- **Linking** older adults to primary care and mental health providers
- **Empowering** older adults to manage their depression by encouraging involvement in meaningful activities

HOW TO MAKE A REFERRAL

FOR RESIDENTS OF SOUTHWEST BOSTON

1. Call Boston ElderINFO - 617-292-6211
2. Call 1-800-AGE-INFO
3. Online: www.ethocare.org/contact-ethos

A screenshot of the ETHOS website's 'Make a Healthy Aging Referral' page. The page has a purple header with the ETHOS logo and navigation links. Below the header is a purple banner with the text 'Make a Healthy Aging Referral'. The main content area is white and contains a form with fields for First Name, Last Name, Title, Company/Organization/Agency, Email, and Phone. There are also checkboxes for 'Fields marked with a * are required' and 'For all other inquiries, questions or referrals for Ethos services, please click here'. A 'DONATE NOW' button is visible on the right side of the form. The footer includes the ETHOS logo, address (555 Amory Street, Jamaica Plain, MA 02130), and contact information (Tel: 617.522.6700, Fax: 617.522.6700).

FOR BOSTON RESIDENTS

1. Call Boston ElderINFO - 617-292-6211
2. Call 1-800-AGE-INFO

FOR RESIDENTS WITHIN MASSACHUSETTS

1. Call 1-800-AGE-INFO
2. CALL MassOptions - 1-844-422-6277

Specially trained information workers will guide you through the process and determine what services you are eligible for.

KEY CONTACTS

ETHOS

555 Amory Street
Jamaica Plain, MA 02130
T: 617.522.6700
F: 617.524.2899
www.ethocare.org

Jake DeMasi

LGBT Program Specialist
P: 617-477-6617
E: jdemasi@ethocare.org

BOSTON ELDER INFO

89 South St
Boston, MA 02111
T: 617.292.6211
www.elderinfo.org

ELDERLY COMMISSION (CITY OF BOSTON)

1 City Hall Square
Boston, MA 02201
T: 617.635.4366
www.boston.gov/departments/elderly-commission

EXECUTIVE OFFICE OF ELDER AFFAIRS

One Ashburton Place, 5 floor
Boston, MA 02108
T: (617) 727-7750
Connect to Local Agency T: 800.243.4636
Elder Abuse Hotline T: 800.922.2275\
www.mass.gov/orgs/executive-office-of-elder-affairs



GLBTQ LEGAL ADVOCATES & DEFENDERS

LGBT AGING: HOUSING Legal Protections

CHRIS ERCHULL

CHRIS ERCHULL

- Chris Erchull, Staff Attorney at GLAD
- Chris graduated from Western New England University School of Law in 2014. His experience includes clerking for the Honorable Ariane D. Vuono (pronounced view-no) of the Massachusetts Appeals Court and, most recently, he worked as a municipal attorney for the City of Holyoke. He is a member of the bar in Massachusetts and New Hampshire.
- Chris is new to GLAD. His focus is on issues affecting the aging LGBTQ population and he represents GLAD on the Massachusetts LGBT Aging Commission.



MARSHA

- Lost her partner and moved to independent living facility
- OUT to everyone from the beginning
- Verbal and physical harassment from other residents
- Staff does nothing



MARY & BEVERLY

- Married couple
- Sold home and paid deposit to move to retirement community
- Rejected because the community “defined marriage as between a man and a woman”



MARK & DENNIS

- Unmarried couple, together for decades
- Mark (living with HIV) no longer can care for Dennis
- Dennis moves to skilled nursing facility



MARK & DENNIS

- Mark visits and staff treats them badly
- Eventually, staff accuse Mark of sexual assault
- Won't let Mark take Dennis outside the facility



RUTH & NINA

- Together for 30 years
- Ruth cares for Nina as dementia sets in
- Nina's nephew is appointed as her guardian
- Ruth and Nina get married
- Nephew takes Nina to live in Mississippi!



OUTCOMES

- Marsha won her discrimination suit
- Court dismissed Mary and Beverly's case
- Mark can take Dennis outside ag (for now) after intervention
- Nina returned to Massachusetts to be with Ruth



© Can Stock Photo - csp18867715

Legal Protections

LAWS THAT PROHIBIT DISCRIMINATION BASED ON
SEXUAL ORIENTATION OR GENDER IDENTITY

LAWS ABOUT HOUSING

- Massachusetts Fair Housing and Public Accommodations Law
- Federal Fair Housing Law
- Massachusetts Public Accommodations Law
- Federal Nursing Home Reform Act

FURHTER SERVICE PROVIDER ACCOUNTABILITY

- Mandatory LGBT Training
- State Regulations
- Contracts

Protect Yourself

STEPS TO TAKE TO PROTECT YOURSELF AND YOUR
LOVED ONES

MAKE IT OFFICIAL

- Estate Planning
 - *Wills & Trusts*
 - *Healthcare Proxy & Durable Power of Attorney*
 - *See an Attorney if Possible*
- Marriage
 - *May help establish rights for your loved ones*
 - *NOT a substitute for Estate Planning*
 - *NOT the best option for everyone*

LOOK OUT FOR YOURSELF

In case it happens to you:

- Know your rights!
- Keep records
- Surround yourself with support
- Reach out for help

Fighting Back Against Discrimination

STEPS TO TAKE WHEN YOU HAVE EXPERIENCED DISCRIMINATION

TAKE ACTION

- Legal services
- Demand letters
- Discrimination claims
 - *Massachusetts Commission Against Discrimination*
 - *Massachusetts Housing Court*



Questions & Contact

CHRIS ERCHULL

CERCHULL@GLAD.ORG

Massachusetts' Senior Housing Options

Elissa Sherman, PhD

February 12, 2019

ELISSA SHERMAN

- Elissa Sherman is President of LeadingAge Massachusetts, a position she has held since 2000. Dr. Sherman has worked in aging policy for more than 25 years, beginning her career in state government as an analyst for the Massachusetts state legislature's Joint Committee on Human Services and Elderly Affairs and later working at the Commonwealth's Executive Office of Elder Affairs where she was involved in the development and implementation of regulations governing assisted living. She joined LeadingAge Massachusetts (then called MassAging) in 1998 as Director of Public Policy and has overseen the Association's public policy and government relations work since that time.

About LeadingAge Massachusetts

- Founded in 1955
- Association Exclusively Not-for-Profit
- Spans the continuum
- Affiliated nationally with LeadingAge

Our Mission

To expand the world of possibilities for aging

Our Vision

Older adults live in age-friendly communities which offer the services they need, when they need them, in the place they call home.

In Age-Friendly Communities

- People of all ages actively participate in community activities
- Everyone, regardless of age or ability, is treated with respect
- Older people stay connected to people and activities
- People are able to remain active and engaged even with chronic health conditions and at the oldest ages

Age-Friendly Communities are built on:

- Affordable and accessible housing options
- Affordable and accessible Long-term Services and Supports (LTSS)
- Integration of housing, health care and LTSS
- Broader financing for LTSS
- A philosophy promoting healthy lifestyles and preventive practices

“Independent” Senior Housing Options

- Subsidized Senior Housing (over 1100 properties in MA)
 - For those meeting income requirements
 - Public housing (apply through Local Housing Authority)
 - Privately owned subsidized housing (apply through property management)
- Services available
 - Resident Service Coordinators
 - Some have meal sites
 - Wellness programs
- A great platform for delivery of LTSS

Senior Housing Options

- State Supportive Housing (41 across the state)
 - Must meet age and income criteria
 - 24 hour staff
 - Meals
 - Access to assistance with personal care
 - Apply through Local Housing Authority
- Market Rate Housing
 - 55 + Communities (condo and rental)
 - Amenities but limited health and LTSS

Life Plan Communities AKA Continuing Care Retirement Communities (CCRCs)

- Housing and access to health care/long term care generally on one campus
- Entrance fee and monthly fees
- Life care or continuing care contracts
- 30 communities in Mass
- Individuals interested in certain lifestyle and planning for increasing needs

Assisted Living Residences

- Regulated by the Executive Office of Elder Affairs
- Residential model providing assistance with activities of daily living, housekeeping, meals, activities, limits on health care services available
- Private apartments with access to kitchens or cooking
- Limited subsidies for lower income individuals
- Dementia Special Care
- 260 across the Commonwealth

Rest Homes (Residential Care Facilities)

- Regulated by Department of Public Health
- All meals, housekeeping, assistance with activities of daily living, social and recreational activities
- Limited health services including medication management but coordination with health care providers
- Generally private or shared rooms (as opposed to an apartment)
- Public subsidies available (SSI and EAEDC)

Skilled Nursing

- 24 hour nursing care/ personal care/ social recreational activities/ PT/OT/ all meals
- Regulated by the Department of Public Health and the Centers for Medicare and Medicaid Services (CMS)
- Short term rehab sometimes covered by Medicare
- Long term care – private pay, Long Term Care Insurance, MassHealth

Emerging Models

■ Villages

- Beacon Hill Village founded in 2001
- Provides support through
 - Vetted Providers and discounts
 - Social engagement and community building
- More than a dozen in operation or development in MA

■ Home Sharing

- Intergenerational Homeshare pilot (City of Boston)
- Nesterly

Examples of how senior housing organizations are working to create welcoming and inclusive communities

- Person-centered care practices
- Anti-bullying training
- Community Developed LGBT Task Forces
- Gender neutral facilities
- Serving as host site for LGBT brunch/ café
- Screening and discussion of Gen Silent for broader community
- Partnering with organizations such as LGBT Aging Project, Sagecare to provide training for staff and residents
- Participation in gay pride parade and events

Things to look for/ Questions to Ask

- Do marketing efforts appear to be aimed at attracting diverse populations and do they appear to be inclusive?
- What staff training is provided?
- How will you ensure that I will be safe and respected?
- How have you responded to instances of discrimination/ intolerance?
- Are there residents willing to talk about their experience living at the community?

Thank you!

Elissa Sherman

esherman@LeadingAgeMA.org

www.LeadngAgeMA.org

LGBTQ Friendly Senior Housing Models in Massachusetts



CONVERSATIONS ON LGBT AGING: HOUSING

FEBRUARY 12, 2019





BOB LINSKOTT, MTS

Bob Linscott is one of the country's leading advocates on lesbian, gay, bisexual and transgender (LGBT) Aging. He is the Assistant Director at The LGBT Aging Project at The Fenway Institute in Boston. Linscott's work with LGBT older adults is profiled in the award-winning film *Gen Silent*, which has been seen by audiences around the world. Linscott's work focuses on making the existing elder-care network more welcoming and inclusive for the needs of LGBT older adults.

Linscott is the Chair of the Housing Subcommittee for the Massachusetts LGBT Aging Commission, which is the first state wide commission on LGBT aging issues and a member of the LAIN Council, The American Society on Aging's LGBT Aging Issues Network. In 2015 Linscott was invited to The White House by the Obama Administration for the first White House Summit on LGBT Elder Housing. He is also a board member for LGBTQ Senior Housing Inc. a nonprofit dedicated to bringing LGBT friendly, affordable housing to Massachusetts.



LGBT Aging in Massachusetts

“There is no better place in the US to age as an LGBT older adult”



- First state to legalize gay marriage
- LGBT Aging Commission
- 23 LGBT Congregate Meals
- MCOA's Welcoming Place for All
- LGBT Aging Project
- Ethos' Age Well Equality
- LGBT Senior Social Organizations



What is LGBT Friendly Housing?



A building that is designated as LGBT-Friendly means that its very foundation is built on the commitment to creating a truly welcoming and inclusive environment where not only lesbian, gay, bisexual and transgender older adults but people from all walks of life can live in a safe, welcoming supportive environment free from harassment and discrimination. An LGBT-Friendly designation complies with all the state and federal Fair Housing regulations.



National Trend: LGBT Friendly Housing

- | | |
|-----------------------|-------------------------------------|
| 1. Los Angeles, CA | Triangle Square (2007) |
| 2. Philadelphia, PA | John C Anderson Apartments (2012) |
| 3. Minneapolis, MN | Spirit on the Lake (2014) |
| 4. Chicago, Ill | Town Hall Apartments (2014) |
| 5. San Francisco, CA | Openhouse (2017) |
| 6. Cleveland, OH | A Place for Us (2017) |
| 7. San Diego, CA | North Park Senior Apartments (2018) |
| 8. Houston, TX | Montrose Center (2018) |
| 9. New York, NY | Ingersoll Senior Residences (2019) |
| 10. New York, NY | Crotona Senior Residences (2019) |
| 11. San Francisco, CA | Open House, Phase 2 (2019) |
| 12. New York, NY | Haven Green (TBD) |



- | | |
|------------------------|--|
| 13. Washington, DC | Mary's House (TBD) |
| 14. Sacramento, CA | Washington Park, Mutual Housing (TBD) |
| 15. Los Angeles, CA | Anita May Rosenstein Intergenerational Development (TBD) |
| 16. Ft. Lauderdale, FL | LGBT Pride Center at Equality Park (TBD) |

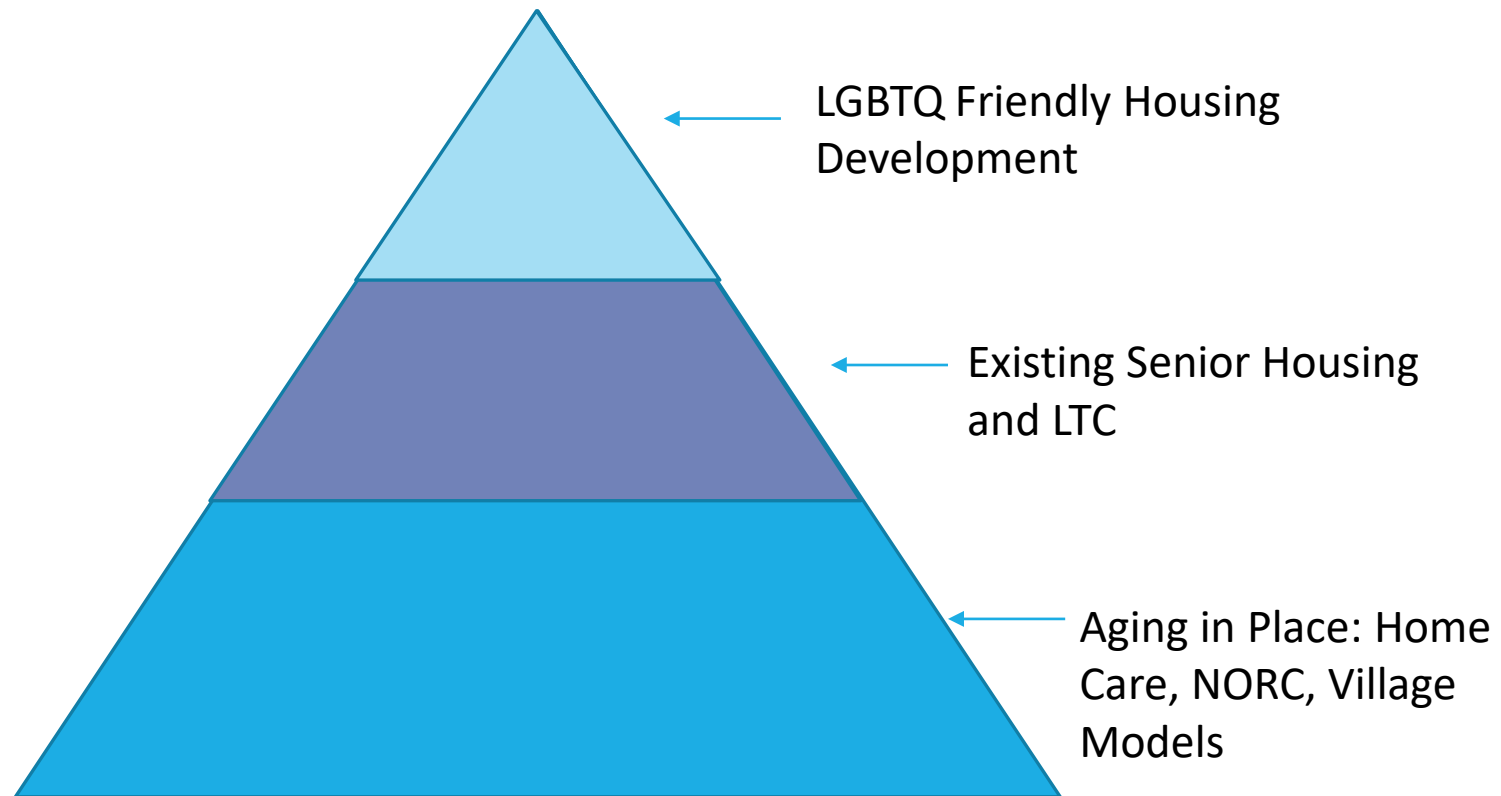


National Trend: LGBT Friendly Housing: *In Development*

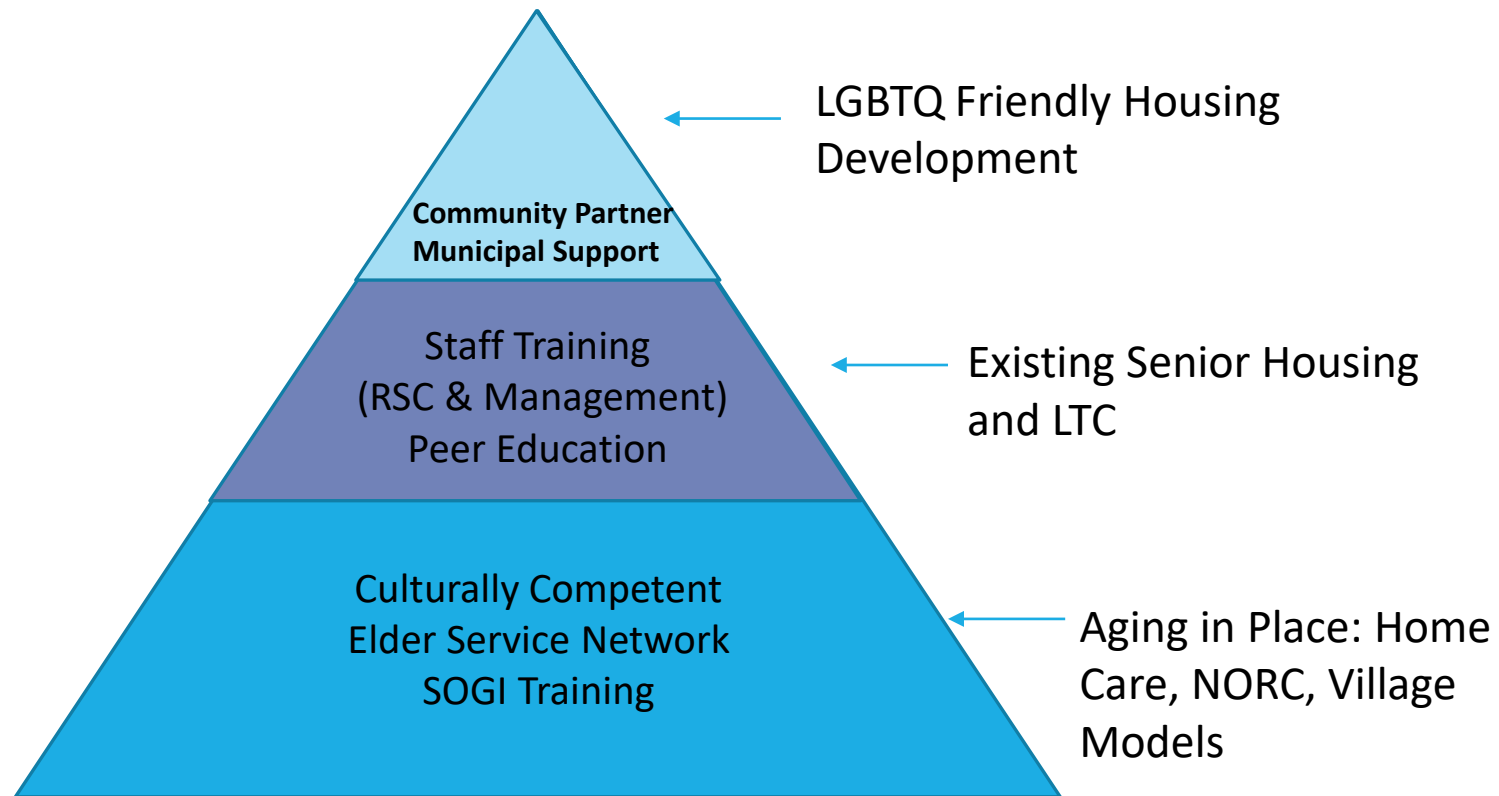
17. Emeryville, CA	(Early stages - TBD)
18. Seattle, WA	(Early stages – TBD)
19. Las Vegas, NV	(Early stages – TBD)
20. New Orleans, LA	(Early stages – TBD)
21. Kansas City, MO	(early stages – TBD)
22. Dallas, TX	(early stages – TBD)
23. Phoenix, AZ	(early stages – TBD)
24. Durham, NC	(Co-housing – TBD)
25. Raleigh, NC	(Early stages – TBD)
26. West Orange, NJ	(Early stages – TBD)
27. Asbury Park or Jersey City	(Early stages – TBD)
28. Boston, MA	?



Importance of a Multi-Layered Approach to Housing



Necessary Infrastructures for Multi-Layered Approach



How is an LGBT-Friendly Environment Sustained?



- On-going Relationship with an LGBT organization
 - LGBT Community Center
 - LGBT Aging Service Provider
 - LGBT Community Health Center
- On-going LGBT-friendly Programming / Support Services
- On-going LGBT Cultural Competency Training for All Staff
- Welcoming Signage
 - Recognizable signs of inclusion
 - Visible Diversity Statement
 - Related Artwork, Images, Naming (rooms etc.)
- Community Outreach for Residents / Lease-up





Additional Supports

- **Certified Training Provider:** Accreditation Standards
 - SAGE USA, Open Door Task Force (MA), Rainbow Tick (Australia)
- **Identified LGBTQ Organization/Community Center/Senior Center**
 - Outreach into LGBTQ Community
- **Mission Sustainability & Funding**
 - Statewide LGBT Aging Commission (MA)
 - Regional: Age Well Equality
 - LGBT Grantors (Equality Funds)
- **Representation or allies** on City/Urban Planning Boards, DHCD, NDAs



List of LGBTQ Friendly Housing in Massachusetts

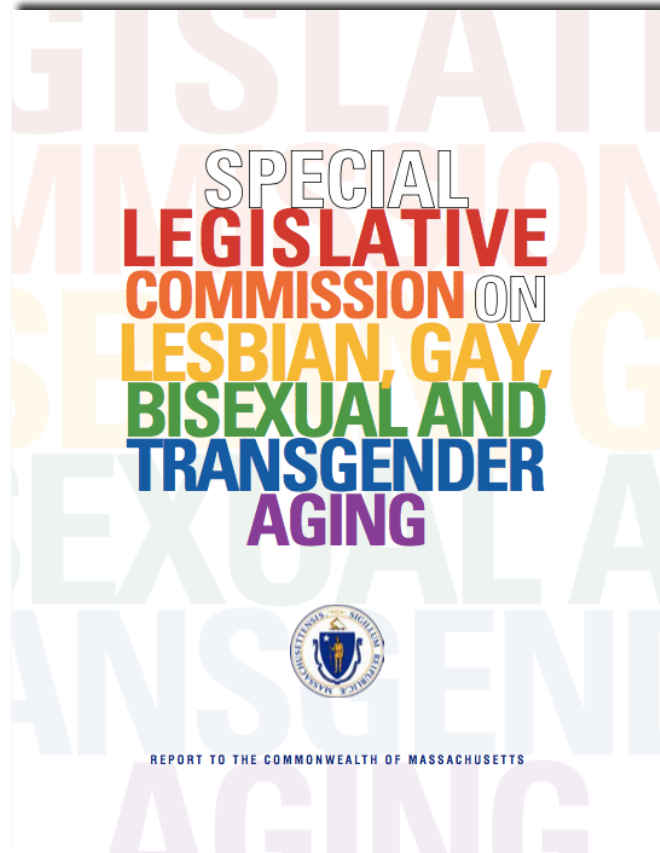


Post to My Wall.com

- Currently there is no such list
- Several places that have LGBTQ residents
- Even more want to be known as LGBTQ-friendly
- Currently no ratings or accreditation for 'LGBTQ-Friendly' status.
- Referrals are based on word-of-mouth.



Recommendations from 2015 Massachusetts Commission Report on LGBT Aging: Housing

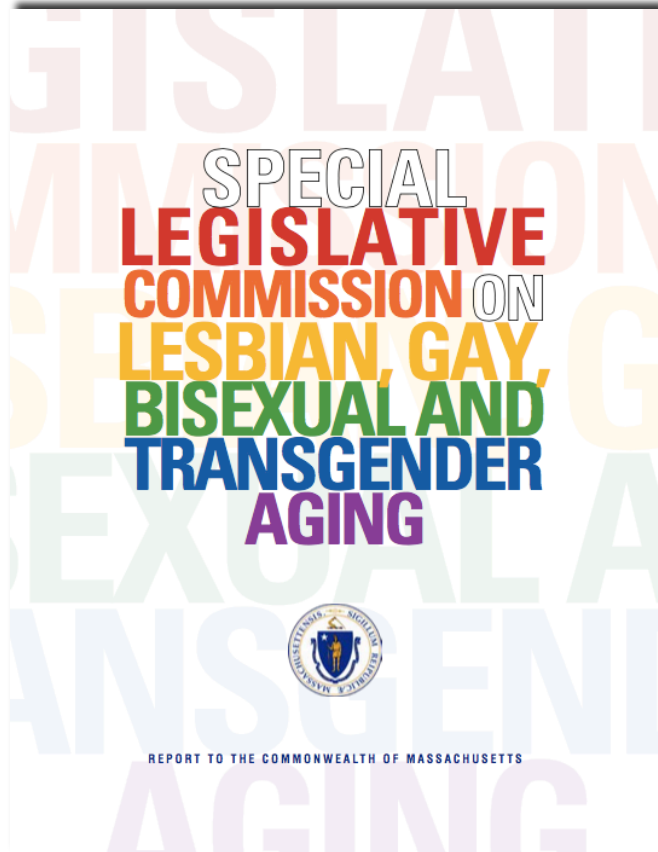


1. Make at least one LGBT friendly housing initiative a priority in Massachusetts' urban development plan.

Boston and other Massachusetts cities are lagging behind Los Angeles, Chicago, Philadelphia and San Francisco, which have all developed vibrant housing initiatives that are friendly and inclusive of LGBT older adults. **These projects have become symbols of those cities' commitment to diversity and inclusion for all people and all generations.** Unfortunately, Massachusetts has nothing like this. **The Commission would like to strongly recommend that such a project be made a priority in the next five years.**



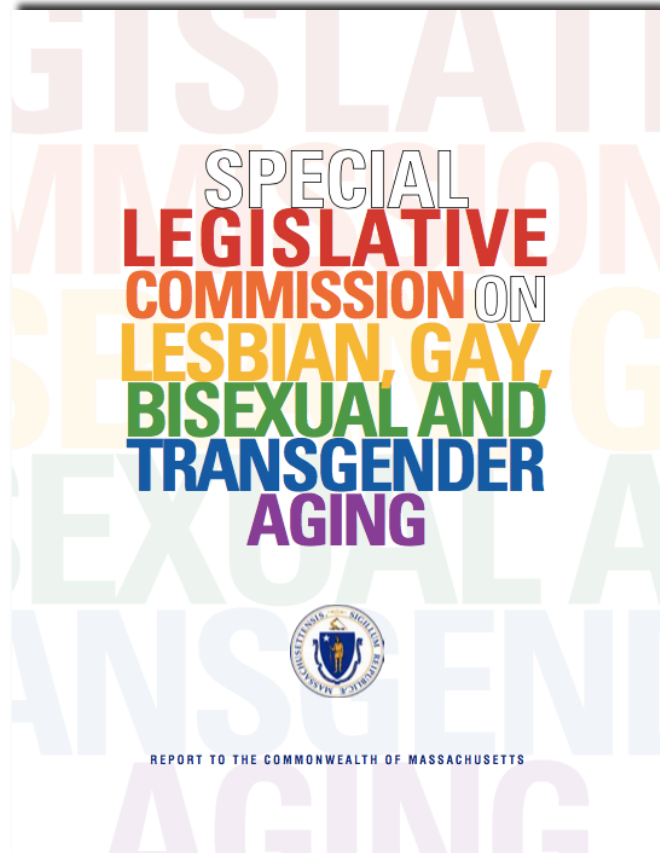
Recommendations from 2015 Massachusetts Commission Report on LGBT Aging: Housing cont.



2. Conduct a comprehensive needs assessment of housing needs for LGBT older adults.
3. Develop LGBT Group / Rest Homes
4. Ad Hoc Committee to develop LGBT-inclusive NORC
5. Design/implement curriculum module for housing management and separate module for residents
6. Identify LGBT elders as part of 'Underserved Populations' in Qualified Allocation Plan (QAP) for low income housing tax credits.



Recommendations from 2015 Massachusetts Commission Report on LGBT Aging: Housing cont.



7. Develop a ratings system that will evaluate the level of inclusiveness in senior housing (MA Equality Incl Index)
8. Develop LGBT Liaison in Housing Consumer Education Centers (HCEC).
9. Create in EOEA an Ombudsperson for LGBT Aging Issues.
10. Develop LGBT Inclusive Homeless Shelter
11. Promote innovative housing models to meet needs of LGBT elders.
12. Prevent bullying and harassment of LGBT elders in senior housing.



Housing Subcommittee: 2019-20 Project

Accessory Dwelling Units (ADUs)



Secondary housing unit on a single-family residential lot. Ex. Guest apartment, In-law apartments etc.

Types:

- Detached new construction
- Garage Conversion (or above)
- Basement Conversion
- Internal ADUs



Housing Subcommittee: 2019-2020 Projects

LGBT Congregate Housing



Shared living arrangement that combines housing and services for older adults and people with disabilities.

Not 24 hour care or supervision

Alternative to nursing home

Currently 43 congregate housing sites in MA



Envisioning Options: The Village Models:



A “village” is a group of like-minded people in a geographic area who come together to figure out and develop the resources they will need to age comfortably in their own homes. Like Naturally Occurring Retirement Communities (NORCs), **villages embrace the strategy of bringing services to people rather than moving people to services.**

Beacon Hill Village – nation’s first!

Lasell Village is the nation’s first senior living community to require each resident to commit to a goal-oriented program of education, elevating the importance of lifelong learning to a new level.



LGBT Friendly Village: JP@Home (“Golden Girls Model”)



Membership based program for middle income older adults who live in one of 7 Boston neighborhoods.

Members receive services from Ethos, the local elder service provider committed to LGBT inclusion and equity.

Services range from social events to information and referrals to vetted prescreened providers (Lavender Team).



Thinking 'outside the box'

Other Potential Models

Tiny House Movement

- Friends who wanted to age together ('grey haired besties') jointly bought land along Llano River outside Austin Texas
- Built individual homes – 400 sq. ft.
- Cost: Approx: \$40,000 USD
- Built 1,500 sq. ft. community building with a kitchen and dining area and space for guests and activities.

Source: <https://lightersideofrealestate.com/around-the-home/architecture/tiny-house-bestie-row>



Thinking 'outside the box'

Other Potential Models

Inter Generational Housing

Nesterly is a platform for intergenerational homesharing. We make it safe and easy for households to share an extra room with a young person for over a month.

Housemates can exchange basic help like grocery shopping, dog walking, and tech support for lower rent.

Currently 185 Boston Hosts



Other Housing Models: LGBTQ Senior Cohousing (NC)



Cohousing is a type of collaborative housing in which residents actively participate in the design and operation of their own neighborhoods. Adult cohousing offers individuals, mostly ages 55 and above, the opportunity to live independently and to “age in community” within a close-knit and mutually supportive group of neighbors.



We are LGBTQs, friends, and allies creating a caring community in beautiful Durham, NC. We'll each have the privacy of our own cozy sustainable homes clustered around our common house providing ample opportunities to be social within steps of our front doors.

Source:
<http://www.villagehearthcohousing.com>



LGBTQ Senior Housing Inc.





 **LGBT AGING
PROJECT**

Bob Linscott

Assistant Director, LGBT Aging Project at The Fenway Institute

BLinscott@fenwayhealth.org

857-313-6578



The Fenway Institute 2018