

## Kosher Menu - March 2022

**To cancel a meal please call (617) 522-6700 ext. 306 by 9am the previous day.**

A suggested donation of \$2.00 is requested.  
Each meal includes low fat milk and bread.

**Menu subject to change.**

Thank you

**All HDM Drivers will be required to see someone at delivery,  
and will be required  
to ask about clients at least twice week.  
No Home Delivered Meal will be left without seeing someone  
at delivery.**

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
	Breaded Chicken Cutlet Baked Beans Corn Dinner Roll Seasonal Fruit	Turkey Pot Pie Mixed Vegetables Rye Bread Seasonal Fruit	Stuffed Cabbage Vegetable Medley Wheat Bread Applesauce	Chicken Stew O'Brien Potatoes Green Beans Rye Bread Seasonal Fruit
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
Broccoli & Farfalle Alfredo Peas & Carrots Rye Bread Seasonal Fruit	Beef Stroganoff Herbed Roasted Potatoes Bean Medley Dinner Roll Peaches	Parmesan Baked Fish Lemon Rice Carrots Rye Bread Seasonal Fruit	Chicken Marsala Mashed Potatoes Broccoli & Corn Wheat Bread Seasonal Fruit	Beef Kotleti Quinoa Mixed Vegetables Rye Bread Seasonal Fruit
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
Chicken Meatballs Mashed Potatoes Vegetable Medley Rye Bread Seasonal Fruit	Macaroni & Cheese with Spinach & Onions Roasted Green Beans Dinner Roll Tropical Fruit Cup	Salisbury Steak with Gravy Herbed Pasta Mushrooms & Spinach Rye Bread Seasonal Fruit	Chicken Florentine Mashed Potatoes Mixed Vegetables Wheat Bread Seasonal Fruit	Beef Burgundy Roasted Potatoes Steamed Carrots Rye Bread Seasonal Fruit
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
Beef Bolognese Egg Noodles Roasted Cauliflower Rye Bread Applesauce	Italian Rosemary Chicken Red Bliss Potatoes Peas & Pearl Onions Dinner Roll Seasonal Fruit	Lasagna Roll Mixed Vegetables Rye Bread Seasonal Fruit	Lemon & Dill Baked Cod Herbed Orzo Pilaf Corn with Red Peppers Wheat Bread Seasonal Fruit	Citrus Chicken Rice Pilaf Peas & Corn Rye Bread Seasonal Fruit
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
Meatball Stroganoff Mashed Potatoes Steamed Carrots Rye Bread Seasonal Fruit	Breaded Chicken Cutlet Baked Beans Corn Dinner Roll Seasonal Fruit	Turkey Pot Pie Mixed Vegetables Rye Bread Seasonal Fruit	Stuffed Cabbage Vegetable Medley Wheat Bread Applesauce	

**Please notify Ethos of any life threatening food allergies @ 617-477-6606**