



COMMUNITY CAFÉS

INFORMATION, LOCATIONS & SCHEDULES

April 17, 2026

At Ethos, we believe a sense of community is as vital to life as food and shelter. That's why all Boston Elder Nutrition Program Community Cafés overseen by Ethos are meant to be comfortable, familiar surroundings where elders can spend time with friends new and old while sharing a healthy, nutritious meal.

The Ethos Nutrition program started in 1973 and is one of more than 5,000 local Senior Nutrition Programs in the United States. Through its home delivered meals (Meals on Wheels) and congregate meals (Community Cafés) programs, Ethos provides well over 2,634,000 meals to seniors who need them annually. The organization also offers nutrition check-ups and counseling from a licensed dietician.

Today there are 40 community cafes throughout Boston. Community cafes are open to any person 60 or over. If a spouse is under 60, they are welcome as are younger residents of a building that houses a community café. An anonymous, confidential donation of \$2.00 per meal is requested. The community cafes sponsor events

ranging from summer barbecues to exercise programs to political events.

Meals-on-wheels are a major part of the Nutrition Program. People 60 or over in southwest Boston who are unable to easily leave the house and cannot prepare a nutritious meal, are eligible for the program. Ethos requests a donation of \$2.00 per meal and sends a reminder each month.

The nutrition program also includes "Nutrition Check-ups" from a registered dietitian, with the option of a full assessment and nutrition plan. Thanks to a grant from the City of Boston, Commission on Affairs of the Elderly, this service is available for a donation, not a fee.



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	Venue	Address	Schedule	Facility
Back Bay	Beacon House Café	19 Myrtle Street	Weekly 10:00 a.m.-1:00 p.m.	Dine-In
	Café Emmanuel (LGBTQ)	15 Newbury Street	Weekly; Thursdays 10:00 a.m.-1:00 p.m.	Dine-In
	Morville House Café (Morville House)	100 Norway Street	Weekly 10:00 a.m.-1:00 p.m.	Dine-In
Brighton	Covenant House Café (Covenant House)	30 Washington Street	Weekly; Wednesday 4:45 p.m.-6:30 p.m.	Dine-In
	Veronica Smith Café (Veronica Smith Senior Center)	20 Chestnut Hill Ave.	Weekly 10:00 a.m.-1:00 p.m.	Dine-In
Brookline	Out2Brunch (LGBTQ) (Goddard House)	165 Chestnut Street	Monthly; Third Saturday 11:00 a.m.-2:00 p.m.	Dine-in
Charlestown	Ferrin Café (Robert A Georgine Tower)	100 Ferrin Street	Weekly 10:00 a.m.-1:00 p.m.	Dine-in
	Main Street Café (Golden Age Senior Center)	382 Main Street	Weekly; Mondays, Wednesdays and Fridays 11:00 a.m.-1:00 p.m.	Dine-In
Dorchester	Codman Apartments Café (Codman Apartments)	784 Washington Street	Weekly 10:00 a.m.-1:00 p.m.	Dine-In
	Grove Hall Café BCYF Grove Hall	51 Geneva Ave.	Weekly 12:00 a.m.-2:00 p.m.	Dine-In
	Keystone Café (Keystone Apartments)	151 Hallet Street	Weekly; Mondays, Thursdays 10:00 a.m.-1:00 p.m.	Dine-In
	Olmstead Green Café	2 Kingbird Road	Weekly 10:00 a.m.-1:00 p.m.	Dine-In
	Pascuicco Café (Pascuicco Apartment)	330 Bowdoin Street	Weekly 10:00 a.m.-1:00 p.m.	Dine-In
Dorchester	Peabody/Englewood Café (Englewood Building)	1875 Dorchester Ave.	Weekly 10:00 a.m.-1:00 p.m.	Dine-In

	Venue	Address	Schedule	Facility
Dorchester	VietAID Café	42 Charles Street	Weekly; Monday, Tuesday, Thursday, and Friday 10:00 a.m.-1:00 p.m.	Dine-In
East Boston	East Boston Senior Center	7 Bayswater Street	Weekly 10:00 a.m.-1:00 p.m.	Dine-In
	Heritage Café (Heritage Apartments)	209 Sumner Street	Weekly; Fridays 10:00 a.m.-1:00 p.m.	Dine-In
Hyde Park	Blake Estates Café (Blake Estates)	1344 Hyde Park Ave.	Weekly; Tuesdays and Thursdays 10:00 a.m.-1:00 p.m.	Dine-In
Jamaica Plain	Amory Street Café (Amory Street Apartments)	125 Amory Street	Weekly 9:30 a.m.-1:30 p.m.	Dine-In
	Back of the Hill Café (Back of the Hill Apartments)	100 S. Huntington Ave.	Weekly 10:00 a.m.-1:00 p.m.	Dine-In
	Crossroads Café (First Baptist Church of JP)	633 Centre Street	Weekly; Wednesday, Fridays, and Saturdays 12:30 p.m.-2:30 p.m.	Dine-In
	Julia Martin House Café (Julia Martin House)	90 Bickford Street	Weekly; Wednesdays 10:00 a.m.-1:00 p.m.	Dine-In
	Nate Smith House Café (Nate Smith House)	155 Lamartine Street	Weekly; Wednesdays and Fridays 10:00 a.m.-1:00 p.m.	Dine-In
	Out4Supper (LGBTQ) (Mount Pleasant Home)	301 S. Huntington Ave.	Monthly; First Tuesday 6:00 p.m.-8:00 p.m.	Dine-In
	Rogerson House (LGBTQ)	32 Beaufort Road	Monthly; Second Wednesday 11:00 a.m.- 2:00 p.m.	Dine-In
	Woodbourne Café (Woodbourne Apartments)	6 Southbourne Rd.	Weekly; Monday, Wednesdays and Fridays 10:00 a.m.-1:00 p.m.	Dine-In
Mattapan	Sant Grandet Café (Church of the Holy Spirit)	525 River Street	Weekly 9:00 a.m.-1:00 p.m.	Dine-In
	BCYF- Mildred	5 Mildred Ave	Weekly; Tuesdays and Thursdays 10:00 a.m.-1:00 p.m.	Dine-In

	Venue	Address	Schedule	Facility
North End	Nazzaro Café (Nazzaro Community Center)	30 N. Bennet St.	Weekly; Tuesdays and Thursdays 10:00 a.m.-1:00 p.m.	Dine-In
Roxbury	La Alianza Cafe Café	1000 Massachusetts Ave.	Weekly 11:00 a.m.-2:00 p.m.	Dine-In
	Ruggles/Hearth Café (Hearth at Ruggles)	25 Ruggles Street	Weekly 11:00 a.m.-1:00 p.m.	Dine-In
	Walnut Café (Walnut House)	237 Walnut Ave.	Weekly 10:00 a.m.-1:00 p.m.	Dine-In
South Boston	Neighborhood House Café (South Boston Neighborhood House)	136 H Street	Weekly 10:00 a.m.-1:00 p.m.	Dine-In
South End	Anna Bissonette House Café (Anna Bissonette House)	1640 Washington St.	Weekly 10:00 a.m.-1:00 p.m.	Dine-In
	Medeiros Center Café (Cardinal Medeiros Center)	1960 Washington St.	Weekly; Monday to Saturday 9:00 a.m.-1:00 p.m.	Dine-In
	TDC/Wellington Café (Tenants' Development)	23 Wellington St.	Weekly; Monday, Wednesdays and Fridays 10:00 a.m.-1:00 p.m.	Dine-In
	Torre Unidad/Unity Tower Café (Unity Tower)	80 West. Dedham St.	Weekly 10:00 a.m.-1:00 p.m.	Dine-In
	Union Café (Union Church)	485 Columbus Ave	Weekly; Tuesdays and Thursdays 10:00 a.m.-1:00 p.m.	Dine-In
West Roxbury	AABA Village Café (Cheriton Heights Apartments)	18 Cheriton Road	Monthly; Third Wednesdays 1:00 p.m.-3:00 p.m.	Dine-In
	AgeWell Café (West Roxbury Elks)	1 Morrell Street	Weekly; Tuesdays and Thursdays 9:00 a.m.-1:00 p.m.	Dine-In
	Roche Café (Roche Community Center)	1716 Centre Street	Weekly; Fridays 10:00 a.m.-1:00 p.m.	Dine-In



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REGISTRATION & ATTENDANCE

- Community Café participants will be asked to complete a registration form. This form collects demographic information which is kept strictly confidential and is only shared with the Age Strong Commission, the agency that administers the funding for this program.
- There are no obligations when you fill out a registration form.
- Continued funding depends on the submission of registration forms to the Age Strong Commission.
- How often you attend is up to you. You may want to participate daily or just when there is a special event.
- Anyone may attend who is over 60 years of age or lives in a building that has a Community Café.

MEAL RESERVATIONS

- A menu is posted prior to the beginning of the new month so that members can review what the meal is for each day and decide for which days to reserve a meal.
- Reservations must be submitted to the Café Coordinator by Tuesday of the week before so that the food orders can be given to our vendors.
- All members who have reserved a meal will be served first. If you forgot to order a meal as a member, you may still receive one, provided there is a cancellation and left over food.

TYPES OF MEALS

- **DINE-IN:** a sit down meal at one of our community cafe locations.
- **GRAB N' GO:** bagged lunch available for pick up.

FOR MORE INFORMATION ABOUT THE COMMUNITY CAFÉS:

Visit www.ethocare.org | Email us at meals@ethocare.org | Call (617) 477-6968