

# SPINELLI'S

Home Delivered Meal Program

## May 2026 Menu

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 5	Stuffed Shells (2) & Meatballs (3) with Vegetable Medley, Fruit & Dinner Roll (1)	Baked Chicken Drumstick or Breast with Sweet Potatoes and Green Beans Fruit & Dinner Roll (2)	Chicken Escarole Soup and Slice of Cheese Pizza with Fruit	Gemelli Pasta, Marinara & Meatballs (5), Vegetable Medley with Fruit	Chicken Cacciatore with Peppers, Onions and Mushrooms & Rice Side Vegetable with Fruit	Baked Fish, Rice, Vegetable Medley  Or Eggplant Parmigiana Dinner Roll with Fruit	Turkey & Cheese Sub with Lettuce and Tomato with Fruit
Week 1	Stuffed Shells (2) & Meatballs (3) with Vegetable Medley, Fruit & Dinner Roll (1)	Baked Chicken Drumstick or Breast with Sweet Potatoes and Green Beans Fruit & Dinner Roll (2)	Lentil Soup & Meatball Sub with Fruit	Gemelli Pasta, Marinara & Meatballs (5), Vegetable Medley with Fruit	Meatloaf, Mashed Potatoes, Corn Dinner Roll (2) with Fruit	Baked Fish, Rice, Vegetable Medley  Or Eggplant Parmigiana Dinner Roll with Fruit	Turkey & Cheese Sub with Lettuce and Tomato with Fruit
Week 2	Manicotti (2) & Meatballs (3) with Vegetable Medley, Fruit & Dinner Roll (1)	Roasted Chicken Thighs with Mashed Potatoes, Sliced Carrots, Fruit & Dinner Roll	Chicken Escarole Soup and Side Garden Salad	Baked Ziti, Marinara & Meatballs (5), Vegetable Medley with Fruit	Broccoli & Cheese Stuffed Chicken, Mashed Potatoes, Vegetable Medley, Dinner Roll with Fruit	Baked Fish, Rice, Vegetable Medley Or Eggplant Parmigiana Dinner Roll with Fruit	Roast Beef & Cheese Sub with Lettuce and Tomato with Fruit
Week 3	Stuffed Shells (2) & Meatballs (3) with Vegetable Medley, Fruit & Dinner Roll	Pulled Chicken with Sliced Carrots and Green Beans Fruit & Dinner Roll	Tomato Soup & Grilled Cheese with Fruit	Chicken, Ziti and Broccoli w/ Garlic and Oil, Vegetable Medley with Fruit	Chicken Pot Pie, Side Vegetable with Fruit	Baked Fish, Rice, Vegetable Medley  Or Eggplant Parmigiana Dinner Roll with Fruit	Turkey & Cheese Sub with Lettuce and Tomato with Fruit
Week 4	Manicotti (2) & Meatballs (3) with Vegetable Medley, Fruit & Dinner Roll (1)	Roasted Chicken Thighs with Mashed Potatoes, Brussell Sprouts, Fruit & Dinner Roll	Lentil Soup & Meatball Sub with Fruit	Meat Lasagna, Green Beans, with Fruit	Sliced Ham, Mashed Potatoes and Carrots Dinner Roll (2) with Fruit	Baked Fish, Rice, Vegetable Medley  Or Eggplant Parmigiana Dinner Roll with Fruit	Roast Beef & Cheese Sub with Lettuce and Tomato with Fruit



May

**Week 5**

Stuffed Shells (2) & Meatballs (3) with Vegetable Medley, Fruit & Dinner Roll (1)

Baked Chicken Drumstick or Breast with Sweet Potatoes and Green Beans Fruit & Dinner Roll (2)

Chicken Escarole Soup and Slice of Cheese Pizza with Fruit

Gemelli Pasta, Marinara & Meatballs (5), Vegetable Medley with Fruit

Chicken Cacciatore with Peppers, Onions and Mushrooms & Rice Side Vegetable with Fruit

Baked Fish, Rice, Vegetable Medley Or Eggplant Parmigiana Dinner Roll with Fruit

Turkey & Cheese Sub with Lettuce and Tomato with Fruit

