

AUGUST 2026

	3-Aug	4-Aug	5-Aug	6-Aug	7-Aug
Main Option	Meatball Stroganoff	Tortellini Primavera	Chicken Provencal	Lemon and Dill Baked Cod	Chicken Stew
	Mashed Potatoes	Four Cheese Sauce	Roasted Red Potatoes	Herbed Orzo Pilaf	O'Brian Potatoes
	Carrots	Mixed Vegetables	Haricot Verts Beans	Broccoli	Cauliflower
Dessert	Seasonal Fruit	Dice Pear	Seasonal Fruit	Dice Peach	Seasonal Fruit
Bread	Rye Bread	Dinner Roll	Rye Bread	Dinner Roll	Rye Bread
Nutritional	calories: 578 cal Na: 678 mg	calories: 776 cal Na: 642 mg	calories: 568 cal Na: 535 mg	calories: 745 cal Na: 584 mg	calories: 601 cal Na: 489 mg
	10-Aug	11-Aug	12-Aug	13-Aug	14-Aug
Main Option	Broccoli and Farfalle Alfredo	Chicken Marsala	Beef Burgundy	Honey Roasted Chicken	Glazed Meatloaf
	Bow Tie Pasta	Quinoa Pilaf	Roasted Potatoes	Lemon Rice	Mashed Potatoes
	Grilled Summer Vegetables	Steamed Carrots	Wax Beans	Broccoli	Green Beans
Dessert	Seasonal Fruit	Apple Sauce	Seasonal Fruit	Tropical Fruit	Fresh Fruit
Bread	Rye Bread	Dinner Roll	Rye Bread	Wheat Bread	Rye Bread
Nutritional Value	calories: 634 cal Na: 288 mg	calories: 728 cal Na: 556 mg	calories: 649 cal Na: 597 mg	calories: 559 cal Na: 613 mg	calories: 485 cal Na: 862 mg
	17-Aug	18-Aug	19-Aug	20-Aug	21-Aug
Main Option	Makaroni Po Flotski	Cheese Blintz	Chicken Stir Fry	Spinach and Onion Mac N Cheese	Cod Bruchetta
	Macaroni and Beef	Roasted Potatoes	Basmati Rice	Cavatappi Pasta	Lemon Rice
	Mixed Vegetables	Bean Medley	Corn	Mixed Vegetables	Carrots
Dessert	Seasonal Fruit	Peaches	Seasonal Fruit	Apple Sauce	Seasonal Fruit
Bread	Rye Bread	Dinner Roll	Rye Bread	Wheat Bread	Rye Bread
Nutritional	calories: 593 cal Na: 401 mg	calories: 591 cal Na: 611 mg	calories: 774 cal Na: 345 mg	calories: 551 cal Na: 584 mg	calories: 630 cal Na: 616 mg
	24-Aug	25-Aug	26-Aug	27-Aug	28-Aug
Main Option	Beef Kotleti	Italian Rosemary Chicken	Beef Goulash	Seared Cod Cakes	Chicken Cacciatore
	Red Bliss Potatoes	Mashed Potatoes	Penne Marinara	White Rice	Rice Pilaf
	Green Peas	Roasted Tricolor Cauliflower	Bean Medley	Roasted Zucchini	Green Beans
Dessert	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Apple Sauce	Seasonal Fruit
Bread	Rye Bread	Dinner Roll	Wheat Bread	Wheat Bread	Rye Bread
Nutritional	calories: 803 cal Na: 632 mg	calories: 830 cal Na: 355 mg	calories: 614 cal Na: 484 mg	calories: 573 cal Na: 444 mg	calories: 653 cal Na: 517 mg
	31-Aug	1-Sep	2-Sep	3-Sep	4-Sep
Main Option	Meatball Stroganoff				
	Mashed Potatoes				
	Carrots				
Dessert	Seasonal Fruit				
Bread	Rye Bread				
Nutritional	calories: 578 cal Na: 678 mg				